

# **GENESIS**

SCHOOL *of* NATURAL HEALTH

## **Course Catalog 2023**



**Genesis School of Natural Health**

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## *Creating Professionals*

Our mission is to provide the public with competent, educated, and confident herbalists , aromatherapists, and natural health professionals. To accomplish this mission we provide students with an in-depth, comprehensive education in preparation for the numerous health challenges they will encounter. The herbalist training courses and holistic health curriculum at Genesis is continually updated to give students the most current scientific knowledge and assessments. This is done without eroding the proven historical use of herbs and keen observation and listening skills.

Complex health issues have become a common theme in most communities. The rates of autoimmune disease, metabolic disorders, food sensitivities, and mood disorders increase greatly every year. To prepare our students for the challenge of modern health issues we have developed a 4-Phase Learning System backed by carefully selected books, manuals, and course study guides. Each phase of study builds on your body of knowledge – guided study that leads you down the path of understanding and the ability to apply the knowledge with success.

Many of our core diploma programs have been purposely designed to overlap in key study areas to provide an affordable opportunity to broaden your studies. The overlap includes specific books and manuals we believe are valuable for natural health professionals. Students may enroll in additional programs at any time (before or after graduation) with duplicate classes credited in full.

Case Studies are an important component for training holistic health students. Instead of hypothetical examples we use real client information (not their real names or residence). Real people have good and bad stress, varied diets and habits, current and past health challenges, family dynamics, and jobs/careers that will play a role in their health. Each case study is available as an audio/video (about an hour long for each case) and includes a PDF manual with case notes, supplement recommendations, and the client's symptom form.

Our advanced study manuals include: Lyme Disease & Co-Infections; Immune Fundamentals & Autoimmune Disorders; Parasites of Human Interest; Vitamins, Minerals, & Supplements; Blood Chemistry; and Nutrition for Health.

All of our herbal, aromatherapist and holistic diploma programs are professionally accredited through the AADP. Therefore, graduates may apply for board certifications with the American Association of Drugless Practitioners (AADP) or the American Alternative Medical Association (AAMA). Certificate classes are not iaccredited for board certification.

**Certificate Courses** offer specific and advanced knowledge opportunities. The formats vary depending on the course. Our Endocannabinoid Professional course utilizes videos and PDF documents while the Family Aromatherapist course has book requirements along with PDF manuals.

## *Student Resources*

**Student Accounts:** We have made arrangements with professional herbal and supplement companies for students who would like to sign up for their student accounts. Most of the companies also provide video, and seminar opportunities for continued education. Students must be enrolled in a full diploma program (MH, HHP, HA, etc.).

**The Student Discussion Group** is a private forum made up of students in our full diploma programs and graduates of diploma programs. Its purpose is to enhance student learning and social interaction. A place where students and graduates may ask questions, start discussions about various health issues, learn about herbal preparations, connect with like-minded students, and more.

**Kinesiology/Muscle Testing:** We have an excellent DVD that students may use for 2 weeks and then they are required to mail it in a padded envelope to the next student on the list.

## *Meet Our School Team*

### **President & Educational Coordinator: Sharlene Peterson, BS Biology, CMH, HHP**

The Genesis School of Natural Health was founded by Sharlene in response to a growing need for competent natural health professionals. Those who have attained the depth of understanding that it takes to work beyond the mere presentation of symptoms.

Knowledge is not effective without understanding that many are afflicted with the same set of symptoms/diseases, yet the actual root cause is different. Sharlene has created multifaceted programs, educational materials, and a distinctive approach to disease to provide students with the tools they need to offer effective natural, holistic healthcare.

### **Student Advisor: Darlene Jorgens, CMH, HHP**

As one of our first students to enroll at Genesis, Darlene Jorgens has completed every program we have offered! She has her own natural health office in addition to serving as Student Advisor. Darlene's contribution to educational materials and projects is immense but her main duty is to help you! If you have program questions, need encouragement throughout your studies, reach out to Darlene. She finds it a privilege and a joy to connect with you.

## *Enjoy the Journey!*

Sharlene Peterson  
Genesis School of Natural Health  
Phone: 605-639-1648  
Email: [office@genesisschoolofnaturalhealth.org](mailto:office@genesisschoolofnaturalhealth.org)

## Core Diploma Programs

- Master Herbalist (MH)
- Clinical Master Herbalist (CMH)
- Natural Health Consultant (NHC)
- Holistic Health Professional (HHP)
- Traditional Doctor of Naturopathy (TND)
- Aromatherapy Consultant (AC)
- Holistic Aromatherapist (HA)

**Important Note: TND = HHP!** Our Traditional Doctor of Naturopathy diploma program is exactly the same as our Holistic Health Professional program. The name difference is in response to the changing state laws. Some states are making it illegal to use the name Doctor as part of a non-medical designation. You may choose to receive your diploma with the designation HHP or TND.

Many of our core diploma programs have been purposely designed to overlap in key study areas to provide an affordable opportunity to broaden your studies. The overlap includes specific books and manuals we believe are valuable for natural health professionals. Students may enroll in additional programs at any time (before or after graduation) with duplicate classes credited in full.

## Double-Diploma Programs

- Aromatherapy Consultant & Natural Health Consultant (AC, NHC)
- Aromatherapy Consultant & Master Herbalist (AC, MH)
- Master Herbalist & Natural Health Consultant (MH, NHC)
- Master Herbalist & Holistic Health Professional (MH, HHP)
- Master Herbalist & Traditional Doctor of Naturopathy (MH, TND)

## Triple-Diploma Programs

- Holistic Aromatherapist, Aromatherapy Consultant, & Holistic Health Professional (HA, AC, HHP)
- Holistic Aromatherapist, Aromatherapy Consultant, & Traditional Doctor of Naturopathy (HA, AC, TND)
- Clinical Master Herbalist, Master Herbalist, & Holistic Health Professional (CMH, MH, HHP)
- Clinical Master Herbalist, Master Herbalist, & Traditional Doctor of Naturopathy (CMH, MH, TND)

## Certificate Courses

- Endocannabinoid System (ECs)
- Family Aromatherapist
- Advanced Herbal Studies
- Phytochemistry & Herbal Preparations
- Biological & Health Studies
- Naturopathic Modalities
- Natural Healing & Prevention
- Holistic & Herbal Studies

**Check our website for the newest course and diploma additions.**

## Classes, Credit Hours, and Study Materials

Students are responsible for the purchase of required books. Books may change over time based upon availability or when different materials serve as better educational tools. All PDFs and videos and are made available to enrolled students at no additional fee.

<b>Advanced Knowledge Base</b>		
G215: Anatomy & Physiology (PDF Download)	4 credits	<i>Anatomy &amp; Physiology</i> - OpenStax, Creative Commons; Rice University
M230: Immune/Autoimmune (PDF Download)	3 credits	<i>Immune System Fundamentals &amp; Autoimmune Disorders</i> (2021) by Sharlene Peterson
M240: Lyme Disease (PDF Download)	2 credits	<i>Lyme Disease &amp; Co-Infections</i> (2019) by Sharlene Peterson
M250: Parasites (PDF Download)	2 credits	<i>Parasites of Human Interest</i> (2019) by Sharlene Peterson
M610: Blood Chemistry (PDF Download)	3 credits	<i>Basic Blood Chemistry</i> (2018) by Sharlene Peterson
G550 Natural Medicine (Book)	4 credits	<i>The Clinician's Handbook of Natural Medicine</i> (2016 3rd ed.) by Joesph Pizzorno
SG21 - SG24: Case Studies (audio/video with PDF)	6	Case Studies 1-4
AV12 (video)	1 credit	Compassion Connection (a gentle hand & foot massage)

<b>Naturopathic &amp; Nutritional Studies</b>		
G100: Autoimmune Epidemic (Book)	3 credits	<i>The Autoimmune Epidemic</i> (2009) by Donna Jackson Nakazawa
G110: GAPS (Book)	3 credits	<i>Gut &amp; Psychology Syndrome</i> (2010 revised edition) by Dr. Natasha Campbell-McBride
M200: Nutrition (PDF Download)	2 credits	<i>Nutrition &amp; Health</i> (2019) by Sharlene Peterson
G300: Disease Prevention (Book)	2 credits	<i>Never Be Sick Again</i> (2002) by Raymond Francis
M310: Vitamins & Minerals (PDF Download)	3 credits	<i>Vitamins, Minerals, &amp; Supplements</i> (2020) by Darlene Jorgens
G320: Nutrition During Illness (Book)	3 credits	<i>The Gerson Therapy</i> (2006) by Charlotte Gerson and Morton Walker
G500: Homeopathy (Book)	3 credits	<i>Homeopathic Medicine at Home</i> by Maesimund Panos
G530: Naturopathy (Book)	3 credits	<i>Naturopathy for the 21st Century</i> , (2001) by Robert J Thiel
G540 Reflexology (Book)	3 credits	<i>Complete Reflexology for Life</i> (2009) by Barbara & Kevin Kunz

<b>Herbal Focus</b>		
M220 Menstruum & Math (PDF Download)	0.5 credit	<i>Menstruum &amp; Math for Herbalists</i> by Sharlene Peterson
G350: Herbs & Physiology (Book)	4 credits	<i>Herbal ABC's: The Foundation of Herbal Medicine</i> (2018) by Dr. Sharol Marie Tilgner
G400: Herbal Medicine Making (Book)	3 credits	<i>The Herbal Medicine Maker's Handbook</i> (2000) by James Green
G415: Studies in Botany (Book)	3 credits	<i>Botany in a Day</i> (6th edition) by Thomas J. Elpel
G430: Women & Health (Book)	3 credits	<i>Women's Herbs Women's Health</i> (2007) by Christopher Hobbs & Kathi Keville
G440: Properties & Formulas (Book)	4 credits	<i>School of Natural Healing</i> (Centennial Ed.) by Dr. John R. Christopher
G460: Medical Herbalism (Book)	4 credits	<i>Medical Herbalism</i> (2003) by David Hoffmann
G470: Herbal Repertory (Book)	4 credits	<i>Earthwise Herbal Repertory</i> (2016) by Matthew Wood
G480: Phytochemistry (Book)	4 credits	<i>Herbal Constituents: Foundations of Phytochemistry</i> (2021 2nd ed.) by Lisa Ganora

<b>Essential Oil Focus</b>		
A100: Healing Aromatherapy (Book)	3 credits	<i>The Healing Power of Essential Oils</i> (2018) by Eric Zielinski, D.C.
A125: Aroma & Herbs/ Pregnancy (Book)	2 credits	<i>Aromatherapy and Herbal Remedies for Pregnancy...</i> (2015) by Demetria Clark
A150: EO's and Caregivers (Book)	2 credits	<i>End-of-Life Care with Essential Oils</i> (2018) by Dr. Scott A. Johnson
A175: Artful Aromatherapy (Book)	3 credits	<i>The Art of Aromatherapy</i> (2004) by Robert Tisserand
A225: EO Blending (Book)	3 credits	<i>Therapeutic Blending with Essential Oil: Decoding the Healing Matrix of Aromatherapy</i> (2013) by Rebecca Park Totilo
A250: EO's & Acupressure (Book)	3 credits	<i>The Essential Step-by-step Guide to Acupressure with Aromatherapy</i> (2016) by Karin Parramore
A275: EO Professional (Book)	3 credits	<i>Aromatherapy for Health Professionals</i> (2019 5th Ed) by Shirley & Len Price, Penny Price
A400 Essential Oil Safety (Book)	4 credits	<i>Essential Oil Safety: A Guide for Health Care Professionals</i> (2nd Edition 2013/2014) by Robert Tisserand & Rodney Young
A500 Clinical Aromatica #1	3	<i>Aromatica Vol. 1 – A Clinical Guide to Essential Oil Therapeutics</i> by Peter Holmes
AV10 (video)	1 credit	The Difference between Essential Oils and Whole Herbs
AV12 (video)	1 credit	GC/MS Interpretation

## Master Herbalist (MH)

This is a professional level Master Herbalist program with courses in botany, herbal medicine-making, herbal properties/materia medica and herbal formulations. To prepare you for working with clients, our Master Herbalist program includes studies in physiology, case studies, nutrition, and vitamins, minerals, and supplements. The herbal reference project will be a valuable and updated resource for your natural health office.

This program makes you eligible to apply for Board Certification. The American Association of Drugless Practitioners provides professional accreditation and certification to both institutes of higher education and professional practitioners.

**Requirements** include 11 books/manuals/audio, 2 projects, 4 case studies, and 5 guides\*. Estimated time to complete this program is 12-16 months. 39 credit hours/468 study hours. The estimated time is a guideline. You may finish earlier or require more time.

**Tuition Paid in Full:** \$1,700.00 (includes \$250 non-refundable application fee).

**Installments:** \$1,950.00 (includes a \$250 non-refundable application fee as a down payment) with monthly payments of \$141.67 for 12 months.

### Phase One Studies

**Estimated Time: 2-3 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> Herb vs Essential Oil .....	1
<b>G415</b> Studies in Botany .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

### Phase Two Studies

**Estimated Time: 3-4 months**

<b>M200</b> Nutrition and Health .....	2
<b>M310</b> Vitamins & Minerals .....	3
<b>G440</b> Properties & Formulas .....	4
*Herbal Infusions & Teas .....	n/a

### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

### Phase Three Studies

**Estimated Time: 4-5 months**

<b>M220</b> Menstruum & Math .....	1
<b>G350</b> Herbs and Physiology .....	4
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
*Lung Health & Herbal Support .....	n/a

### Phase Four Studies

**Estimated Time: 3-4 months**

<b>M250</b> Parasites of Human Interest .....	2
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ....	4
<b>**Choose G460 OR G470</b>	
*Medicine Chest: Teas & Infusions .....	n/a
*Three Unrivaled Antiviral Herbs .....	n/a

**Add the CMH for \$1,200**

**Add the NHC for \$950**

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## Clinical Master Herbalist (CMH)

**Clinical Master Herbalist graduates will receive two diplomas: MH and CMH.**

Set yourself apart with our CMH program that provides extensive training. Studies include the complete Master Herbalist program combined with phytochemistry, the immune system, autoimmune diseases, Lyme disease, and more. This is an in-depth and rewarding program to prepare you for clients with very challenging health issues.

The CMH program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 18 books/manuals/audio, 2 projects, 4 case studies, 5 guides\*, and a final exam. Estimated time to complete this program is 24 months. 63 credit hours/756 study hours. The estimated time is a guideline. You may finish earlier or require more time.

**Tuition Paid in Full:** \$2,900.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,150.00 (includes a \$250 non-refundable application fee as a down payment) with monthly payments of \$145.00 for 20 months).

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### Phase One Studies

**Estimated Time: 6 months**

<b>M200</b> Nutrition and Health .....	2
<b>M310</b> Vitamin/Minerals .....	3
<b>G215</b> Anatomy & Physiology part #1 ...	4
<b>G480</b> Phytochemistry part #1 .....	4
<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> Herb vs Essential Oil .....	1
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

### Phase Two Studies

**Estimated Time: 6 months**

<b>M220</b> Menstruum & Math.....	1
<b>G415</b> Studies in Botany .....	3
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>G440</b> Properties & Formulas .....	4
<b>G215</b> Anatomy & Physiology part #2 ...	n/a
<b>G480</b> Phytochemistry part #2 .....	n/a
*Herbal Infusions & Teas .....	n/a

### Case Studies

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

### Phase Three Studies

**Estimated Time: 6 months**

<b>G470</b> Earthwise Herbal Repertory .....	4
<b>G350</b> Herbs and Physiology .....	4
<b>M250</b> Parasites of Human Interest .....	2
<b>G215</b> Anatomy/Physiology part #3 .....	n/a
<b>G480</b> Phytochemistry part #3 .....	n/a
<b>G480</b> Phytochemistry part #4 .....	n/a
*Lung Health & Herbal Support .....	n/a

### Phase Four Studies

**Estimated Time: 6 months**

<b>G460</b> Medical Herbalism .....	4
<b>G480</b> Phytochemistry part #5 .....	n/a
<b>G550</b> Clinician's Natural Medicine .....	4
<b>M230</b> Immune/Autoimmune .....	3
<b>M240</b> Lyme Disease .....	2
<b>M610</b> Blood Chemistry .....	3
<b>TCMH</b> Final Exam .....	0
*Medicine Chest: Teas & Infusions.....	n/a
*Three Unrivaled Antiviral Herbs .....	n/a

**ADD the HHP or TND at any time for only \$1,350.00.**

## Natural Health Consultant (NHC)

We have carefully selected the books and materials to create a natural health program that is compact and yet thorough. The Natural Health Consultant program contains the core studies that form the backbone of all our holistic health programs.

The Natural Health Consultant (sometimes called a Natural Health Coach) can be thought of as a fountain of information for those who seek to effectively care for themselves, family, or clients. The NHC uses the client consult to consider the whole person, looking beyond presenting symptoms to uncover the root cause of dis-ease.

This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 14 books/manuals/audio, 4 case studies, and 5 guides\*. Estimated time to complete this program is 10-14 months. 40 credit hours/480 study hours. The estimated time is a guideline. You may finish earlier or require more time.

**Tuition Paid in Full:** \$1,750.00 (includes \$250 non-refundable application fee).

**Installments:** \$2,000.00 (includes a \$250 non-refundable application fee as a down payment) with monthly payments of \$125.00 for 14 months.

### Phase One Studies

**Estimated Time: 2-3 months**

<b>G110</b> GAPS .....	3
<b>M200</b> Nutrition & Health .....	2
<b>G300</b> Disease Prevention .....	2
<b>M310</b> Vitamin & Minerals .....	3
*Herbal Adaptogens .....	n/a

### Phase Two Studies

**Estimated Time: 3-4 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G430</b> Women & Herbs .....	3
*Herbal Infusions & Teas .....	n/a

### Phase Three Studies

**Estimated Time: 3-4 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> Herbs vs Essential Oil .....	1
<b>G350</b> Herbs and Physiology .....	4
*Lung Health & Herbal Support .....	n/a

### Phase Four Studies

**Estimated Time: 2-3 months**

<b>M240</b> Lyme Disease .....	2
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>AV12</b> Compassion Connection (video) .....	1
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

**Add the Master Herbalist program for \$950.00.**

**Add the Aromatherapy Consultant for \$1,150.00.**

## Holistic Health Professional (HHP)

Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. Our HHP/TND program provides the comprehensive, in-depth training that is needed to provide natural health strategies that are both safe and effective. This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

**Requirements** include 22 books/manuals/audio, 1 project, 4 case studies, 5 guides\*, and a final exam. Estimated time to complete this program is 20-24 months. 69 credit hours/ 828 study hours. You may finish earlier or require more time.

**Tuition Paid in Full:** \$3,200.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,450.00 (includes a \$250 non-refundable application fee as a down payment) with monthly payments of \$145.46 for 22 months.

### Phase One Studies

**Estimated Time: 5-6 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> Herb vs Essential Oils .....	1
<b>G300</b> Disease Prevention .....	2
<b>M200</b> Nutrition & Health .....	2
<b>G215</b> Anatomy & Physiology part #1 ...	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

### Phase Two Studies

**Estimated Time: 5-6 months**

<b>G215</b> Anatomy & Physiology part #2 ...	n/a
<b>G320</b> Gerson Therapy .....	3
<b>M310</b> Vitamins & Minerals .....	3
<b>G110</b> GAPS .....	3
<b>M250</b> Parasites of Human Interest .....	2
<b>G550</b> Clinician's Natural Medicine .....	4
*Herbal Infusions & Teas .....	n/a

### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

### Phase Three Studies

**Estimated Time: 5-6 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G215</b> Anatomy & Physiology part #3 ...	n/a
<b>G350</b> Herbs and Physiology .....	4
<b>G500</b> Homeopathy .....	3
<b>M240</b> Lyme Disease .....	2
*Lung Health & Herbal Support .....	n/a

### Phase Four Studies

**Estimated Time: 5-6 months**

<b>G530</b> History of Naturopathy .....	3
<b>G540</b> Reflexology .....	3
<b>AV12</b> Compassion Connection .....	1
<b>A100</b> Healing Aromatherapy .....	3
<b>M610</b> Blood Chemistry .....	3
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ...	4
<b>**Choose G460 OR G470</b>	
<b>THHP</b> Final Exam.....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

**Add the Master Herbalist program for \$650.00 or the CMH for \$1,050.00.**

## Traditional Doctor of Naturopathy (TND)

Naturopaths work within a professional office setting and see clients of all ages and in all conditions. Our HHP/TND program provides the comprehensive, in-depth training that is needed to provide natural health strategies that are both safe and effective.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

**Requirements** include 22 books/manuals/audio, 1 project, 4 case studies, 5 guides\*, and a final exam. Estimated time to complete this program is 20-24 months. 69 credit hours/ 828 study hours. You may finish earlier or require more time.

**Tuition Paid in Full:** \$3,200.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,450.00 (includes a \$250 non-refundable application fee as a down payment) with monthly payments of \$145.46 for 22 months.

### Phase One Studies

**Estimated Time: 5-6 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> Herb vs Essential Oil .....	1
<b>G300</b> Disease Prevention .....	2
<b>M200</b> Nutrition & Health .....	2
<b>G215</b> Anatomy & Physiology part #1 ...	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

### Phase Two Studies

**Estimated Time: 5-6 months**

<b>G215</b> Anatomy & Physiology part #2 ...	n/a
<b>G320</b> Gerson Therapy .....	3
<b>M310</b> Vitamins & Minerals .....	3
<b>G110</b> GAPS .....	3
<b>M250</b> Parasites of Human Interest .....	2
<b>G550</b> Clinician's Natural Medicine .....	4
*Herbal Infusions & Teas .....	n/a

### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

### Phase Three Studies

**Estimated Time: 5-6 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G215</b> Anatomy & Physiology part #3 ...	n/a
<b>G350</b> Herbs and Physiology .....	4
<b>G500</b> Homeopathy .....	3
<b>M240</b> Lyme Disease .....	2
*Lung Health & Herbal Support .....	n/a

### Phase Four Studies

**Estimated Time: 5-6 months**

<b>G530</b> History of Naturopathy .....	3
<b>G540</b> Reflexology .....	3
<b>AV12</b> Compassion Connection .....	1
<b>A100</b> Healing Aromatherapy .....	3
<b>M610</b> Blood Chemistry .....	3
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ...	4
<b>**Choose G460 OR G470</b>	
<b>THHP</b> Final Exam.....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

**Add the Master Herbalist program for \$650.00 or the CMH for \$1,050.00.**

## Aromatherapy Consultant (AC)

The Aromatherapy Consultant program is perfect for adding depth to your essential oil knowledge and practical application. This program is sure to benefit anyone looking to increase their current knowledge of essential oil applications, safety, and effectiveness.

**Requirements** include 11 books/manuals/videos. Estimated time to complete this program is 11-15 months. 27 credit hours/324 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Tuition Paid in Full:** \$1,100.00 (includes \$250 non-refundable application fee).

**Installments:** \$1,350.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$100.00 for 11 months.

### Phase One Studies

**Estimated Time: 2-3 months**

<b>AV14</b> GC/MS Interpretation (video) ...	1
<b>AV10</b> EOs vs Whole Herb (video) .....	1
<b>A100</b> Healing EOs .....	3
<b>A125</b> Aroma & Herbs/Pregnancy .....	2

### Phase Two Studies

**Estimated Time: 3-4 months**

<b>A150</b> EOs for Caregivers .....	2
<b>A175</b> Artful Aromatherapy .....	3
<b>A275-A</b> EO Professional part #1 .....	4

### Phase Three Studies

**Estimated Time: 3-4 months**

<b>A275-B</b> EO Professional part #2 .....	n/a
<b>A250</b> EO Acupressure .....	3
<b>A400-A</b> Essential Oil Safety #1 .....	4

### Phase Four Studies

**Estimated Time: 3-4 months**

<b>A400-B</b> Essential Oil Safety #2 .....	n/a
<b>A400-C</b> Essential Oil Safety #3 .....	n/a
<b>G540</b> Reflexology .....	3
<b>AV12</b> Compassion Connection .....	1

**Add the Holistic Aromatherapist program for \$1,000.00  
May add at any time!**

## Holistic Aromatherapist (HA)

The Holistic Aromatherapist is a uniquely designed program to broaden and deepen the aromatherapy student's knowledge from a "whole-istic" perspective. It is perfect for adding depth to your essential oil knowledge and practical application while broadening your basic understanding of vitamins, minerals, nutrition, and health.

This program is sure to benefit anyone looking to increase their current knowledge, and will be especially relevant to those already working or who aspire to work in health-related fields such as natural health professionals, nurses, physiotherapists, occupational therapists, mental health professionals, and more.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 18 books/manuals/videos. Estimated time to complete this program is 16-20 months. 47 credit hours/564 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies.

**Tuition Paid in Full:** \$2,100.00 (includes \$250 non-refundable application fee).

**Installments:** \$2,350.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$140.00 for 15 months.

### Phase One Studies

**Estimated Time: 3-4 months**

<b>AV14</b> GC/MS Interpretation (video) ....	1
<b>AV10</b> EOs vs Whole Herb (video) .....	1
<b>A100</b> Healing EOs .....	3
<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>A150</b> EOs for Caregivers .....	2
<b>G215</b> Anatomy & Physiology part #1 ...	4

### Phase Two Studies

**Estimated Time: 4-5 months**

<b>A175</b> Artful Aromatherapy .....	3
<b>M200</b> Nutrition & Health .....	2
<b>M230</b> Immune/Autoimmune .....	3
<b>A275-A</b> EO Professional part #1 .....	4
<b>G300</b> Disease Prevention .....	2
<b>G215</b> Anatomy & Physiology part #2 ...	n/a

### Phase Three Studies

**Estimated Time: 5-6 months**

<b>A275-B</b> EO Professional part #2 .....	n/a
<b>A250</b> EO Acupressure .....	3
<b>M310</b> Vitamins & Minerals .....	3
<b>A400-A</b> Essential Oil Safety #1 .....	4
<b>G215</b> Anatomy & Physiology part #3 ...	n/a
<b>G540</b> Reflexology .....	3

### Phase Four Studies

**Estimated Time: 4-5 months**

<b>A400-B</b> Essential Oil Safety #2 .....	n/a
<b>AV12</b> Compassion Connection .....	1
<b>A500</b> Clinical Aromatica #1 .....	3
<b>A225</b> EO Blending .....	3
<b>A400-C</b> Essential Oil Safety #3 .....	n/a

## DOUBLE-DIPLOMA PROGRAM

### Master Herbalist & Natural Health Consultant (MH, NHC)

The addition of professional Master Herbalist program to your NHC program is perfect for a well-rounded education in natural health studies. The Natural Health Consultant program contains the core studies that form the backbone of all our holistic health programs.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 19 books/manuals/audio, 2 projects, 5 guides, and 4 case studies. Estimated time to complete this program is 19-24 months. 59 credit hours/708 study hours. It is possible to finish much earlier if you have the time to devote to your studies.

**Tuition Paid in Full:** \$2,700.00 (includes \$250 non-refundable application fee).

**Installments:** \$2,950.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$135.00 for 20 months.

#### Phase One Studies

**Estimated Time: 3-5 months**

<b>G110</b> Gut & Psychology Syndrome .....	3
<b>M200</b> Nutrition & Health .....	2
<b>G300</b> Disease Prevention .....	2
<b>G415</b> Studies in Botany .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

**Estimated Time: 6-7 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M310</b> Vitamin/Mineral/Supplements ....	3
<b>G350</b> Herbs and Physiology .....	4
<b>M230</b> Immune/Autoimmune.....	3
<b>G430</b> Women & Herbs .....	3
*Herbal Teas & Infusions .....	n/a

#### Required Online Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

**Estimated Time: 6-7 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>G440</b> Properties & Formulas .....	4
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>AV10</b> EOs vs Whole Herb (video) .....	1
<b>M220</b> Menstruum & Math .....	1

#### Phase Four Studies

**Estimated Time: 4-5 months**

<b>AV12</b> Compassion Connection (video) 1	
<b>M240</b> Lyme Disease .....	2
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ..	4
<b>**Choose G460 OR G470</b>	

\*Three Unrivaled Antiviral Herbs .....

\*Medicine Chest: Tea/Infusions .....

## DOUBLE-DIPLOMA PROGRAMS

### Aromatherapy Consultant & Master Herbalist (AC, MH)

The addition of the professional Master Herbalist program to the AC program provides for a well-rounded education in herbal and essential oil studies. The Master Herbalist uses all available information on lifestyle, health background and current challenges as well as an in-depth knowledge of the effects of herbs on the body. The Aromatherapy Consultant brings to the table, a strong foundational knowledge of when and how to safely use essential oils to promote health and vitality. This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners.

**Requirements** include 20 books/manuals/audio, 2 projects, 5 guides, and 4 case studies. Estimated time to complete this program is 20-24 months. 64 credit hours/768 study hours. It is possible to finish much earlier if you have the time to devote to your studies.

**Tuition Paid in Full:** \$2,950.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,200.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$147.50 per month for 20 months.

#### Phase One Studies

##### Estimated Time: 4-5 months

<b>AV14</b> GC/MS Interpretation .....	1
<b>AV10</b> EOs vs Herbs (video) .....	1
<b>A100</b> Healing EOs .....	3
<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>G415</b> Studies in Botany .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

##### Estimated Time: 5-6 months

<b>A150</b> EOs for Caregivers .....	2
<b>A175</b> Artful Aromatherapy .....	3
<b>G440</b> Properties & Formulas .....	4
<b>M220</b> Menstruum & Math .....	1
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects ....	2
*Herbal Teas & Infusions .....	n/a

#### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

##### Estimated Time: 6-7 months

<b>A275-A</b> EO Professional #1 .....	4
<b>A250</b> EO Acupressure .....	3
<b>M200</b> Nutrition & Health .....	2
<b>M310</b> Vitamin/Minerals .....	3
<b>G350</b> Herbs and Physiology .....	4
<b>G540</b> Reflexology .....	4
<b>A400-A</b> Essential Oil Safety #1 .....	4
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

##### Estimated Time: 5-6 months

<b>AV12</b> Compassion Connection (video).	1
<b>A275-B</b> EO Professional #2 .....	n/a
<b>A400-B</b> Essential Oil Safety #2 .....	n/a
<b>A400-C</b> Essential Oil Safety #3 .....	n/a
<b>M250</b> Parasites of Human Interest .....	2
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ....	4
<b>**Choose G460 OR G470</b>	
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a



## DOUBLE-DIPLOMA PROGRAMS

### Aromatherapy Consultant & Natural Health Consultant (AC, NHC)

The Aromatherapy Consultant brings to the table, a strong foundational knowledge of when and how to safely use essential oils to promote health and vitality. The Natural Health Consultant program contains the core studies that form the backbone of all our holistic health programs. A strong combination! This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 22 books/manuals/audio, 2 projects, 5 guides, and 4 case studies. Estimated time to complete this program is 16-20 months. 63 credit hours/756 study hours. It is possible to finish much earlier if you have the time to devote to your studies.

**Tuition Paid in Full:** \$2,900.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,150.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$145.00 for 20 months.

#### Phase One Studies

##### Estimated Time: 4-5 months

<b>AV14</b> GC/MS Interpretation (video) ...	1
<b>AV10</b> Herbs vs Essential Oil .....	1
<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>G110</b> GAPS .....	3
<b>M200</b> Nutrition & Health .....	2
<b>G300</b> Disease Prevention .....	2
<b>M310</b> Vitamin & Minerals .....	3
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

##### Estimated Time: 4-5 months

<b>A100</b> Healing EOs .....	3
<b>A150</b> EOs for Caregivers .....	2
<b>A175</b> Artful Aromatherapy .....	3
<b>A275-A</b> EO Professional part #1 .....	4
<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
*Herbal Infusions & Teas .....	n/a

#### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

##### Estimated Time: 4-5 months

<b>A275-B</b> EO Professional part #2 .....	n/a
<b>A250</b> EO Acupressure .....	3
<b>A400-A</b> Essential Oil Safety #1 .....	4
<b>G350</b> Herbs and Physiology .....	4
<b>G430</b> Women & Herbs .....	3
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

##### Estimated Time: 4-5 months

<b>A400-B</b> Essential Oil Safety #2 .....	n/a
<b>A400-C</b> Essential Oil Safety #3 .....	n/a
<b>G540</b> Reflexology .....	3
<b>M240</b> Lyme Disease .....	2
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>AV12</b> Compassion Connection (video) .....	1
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

## DOUBLE-DIPLOMA PROGRAMS

### Master Herbalist & Holistic Health Professional (MH, HHP)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. In addition, a professional level Master Herbalist education will give you the additional knowledge and confidence to work with the most difficult health challenges. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners. **Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program.**

**Requirements** include 26 books/manuals/audio 2 projects, 5 guides\*, 4 case studies, and a final exam. Estimated time to complete this program is 28-32 months. 82 credit hours/ 984 study hours. You may finish earlier or require more time.

**Tuition Paid in Full:** \$3,850.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,100.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$148.08 for 26 months.

#### Phase One Studies

**Estimated Time: 7 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> EOs vs Herbs (video) .....	1
<b>G300</b> Disease Prevention .....	2
<b>M200</b> Nutrition & Health .....	2
<b>G215</b> Anatomy & Physiology #1 .....	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
<b>G415</b> Studies in Botany .....	3
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

**Estimated Time: 7 months**

<b>G215</b> Anatomy & Physiology part #2 ...	n/a
<b>M310</b> Vitamin/Mineral/Supplements ....	3
<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G320</b> Gerson Therapy .....	3
<b>G440</b> Properties & Formulas .....	4
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>M220</b> Menstruum & Math .....	1
*Herbal Teas & Infusions .....	n/a

#### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

**Estimated Time: 7 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G215</b> Anatomy & Physiology part #3 ...	n/a
<b>G350</b> Herbs and Physiology .....	4
<b>G550</b> Clinician's Natural Medicine .....	4
<b>M240</b> Lyme Disease .....	2
<b>AV12</b> Compassion Connection (video)...	1
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

**Estimated Time: 7 months**

<b>A100</b> Healing Aromatherapy .....	3
<b>G500</b> Homeopathy .....	3
<b>G530</b> History of Naturopathy .....	3
<b>G540</b> Reflexology .....	3
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ...	4
<b>**Choose G460 OR G470</b>	
<b>THHP</b> Final Exam .....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

**Add the CMH for \$400 and receive three diplomas: HHP, MH, and CMH**

## DOUBLE-DIPLOMA PROGRAMS

### Master Herbalist & Traditional Doctor of Naturopathy (MH, TND)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Naturopaths work within a professional office setting and see clients of all ages and in all conditions. In addition, a professional level Master Herbalist education will give you the additional knowledge and confidence to work with the most difficult health challenges. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners. **Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program.**

**Requirements** include 26 books/manuals/audio 2 projects, 5 guides\*, 4 case studies, and a final exam. Estimated time to complete this program is 28-32 months. 82 credit hours/ 984 study hours. You may finish earlier or require more time.

**Tuition Paid in Full:** \$3,850.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,100.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$148.08 for 26 months.

#### Phase One Studies

**Estimated Time: 7 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> EOs vs Herbs (video) .....	1
<b>G300</b> Disease Prevention .....	2
<b>M200</b> Nutrition & Health .....	2
<b>G215</b> Anatomy & Physiology #1 .....	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
<b>G415</b> Studies in Botany .....	3
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

**Estimated Time: 7 months**

<b>G215</b> Anatomy & Physiology part #2 ...	n/a
<b>M310</b> Vitamin/Mineral/Supplements ....	3
<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G320</b> Gerson Therapy .....	3
<b>G440</b> Properties & Formulas .....	4
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>M220</b> Menstruum & Math .....	1
*Herbal Teas & Infusions .....	n/a

#### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

**Estimated Time: 7 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G215</b> Anatomy & Physiology part #3 ...	n/a
<b>G350</b> Herbs and Physiology .....	4
<b>G550</b> Clinician's Natural Medicine .....	4
<b>M240</b> Lyme Disease .....	2
<b>AV12</b> Compassion Connection (video)...	1
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

**Estimated Time: 7 months**

<b>A100</b> Healing Aromatherapy .....	3
<b>G500</b> Homeopathy .....	3
<b>G530</b> History of Naturopathy .....	3
<b>G540</b> Reflexology .....	3
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ....	4
<b>**Choose G460 OR G470</b>	
<b>THHP</b> Final Exam .....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

**Add the CMH for \$400 and receive three diplomas: HHP, MH, and CMH**

## TRIPLE DIPLOMA PROGRAMS

### Clinical Master Herbalist, Master Herbalist & HHP/TND

Our CMH, MH, HHP/TND program provides extensive studies in herbalism, plant chemistry, and natural health protocols. Many of the natural health courses required for the HHP or THD programs are purposefully designed to overlap with the CMH requirements. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners. **Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program.**

Requirements include 28 books/manuals/audio, 2 projects, 5 guides\*, 4 case studies, and a final exam. Estimated time to complete this program is 28-32 months. 90 credit hours/1080 study hours. You may finish earlier or require more time.

**Tuition Paid in Full:** \$4,250.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,500.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$151.79 for 28 months.

#### Phase One Studies

**Estimated Time: 7-8 months**

<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>AV10</b> EOs vs Herbs (video) .....	1
<b>G300</b> Disease Prevention .....	2
<b>M200</b> Nutrition & Health .....	2
<b>G215</b> Anatomy & Physiology #1 .....	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
<b>G415</b> Studies in Botany .....	3
<b>G480</b> Phytochemistry part #1 .....	4
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

**Estimated Time: 7-8 months**

<b>G215</b> Anatomy & Physiology #2 .....	n/a
<b>M310</b> Vitamin/Mineral/Supplements ....	3
<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G550</b> Clinician's Natural Medicine .....	4
<b>G440</b> Properties & Formulas .....	4
<b>G400</b> Herbal Medicine Making .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>M220</b> Menstruum & Math .....	1
<b>G480</b> Phytochemistry part #2 .....	n/a
*Herbal Teas & Infusions .....	n/a

#### Case Study Classes

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

#### Phase Three Studies

**Estimated Time: 7-8 months**

<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G215</b> Anatomy & Physiology #3 .....	n/a
<b>G350</b> Herbs and Physiology .....	4
<b>M240</b> Lyme Disease .....	2
<b>G320</b> Gerson Therapy .....	3
<b>G480</b> Phytochemistry part #3 .....	n/a
<b>G480</b> Phytochemistry part #4 .....	n/a
<b>AV12</b> Compassion Connection (video)...	1
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

**Estimated Time: 7-8 months**

<b>A100</b> Healing Aromatherapy .....	3
<b>G500</b> Homeopathy .....	3
<b>G530</b> History of Naturopathy .....	3
<b>G540</b> Reflexology .....	3
<b>M250</b> Parasites of Human Interest .....	2
<b>M610</b> Blood Chemistry .....	3
<b>G460</b> Medical Herbalism .....	4
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ....	4
<b>**Choose G460 OR G470</b>	
<b>G480</b> Phytochemistry part #5 .....	n/a
<b>TCMH</b> Final Exam .....	0
<b>THHP</b> Final Exam .....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

## TRIPLE DIPLOMA PROGRAMS

### Holistic Aromatherapist, Aromatherapy Consultant & HHP/TND

Our HHP/TND program includes anatomy & physiology, case studies, and modern and traditional literature covering both alternative medicine strategies and herbal formulations. The Holistic Aromatherapist program is where you learn how to properly formulate essential oil blends and master cutting-edge safety and usage guidelines. This program makes you eligible to apply for Board Certification.

**Requirements** include 29 books/manuals/audio, 2 projects, 4 case studies, 5 guides\*, and a final exam. Estimated time to complete this program is 28-32 months. 92 credit hours/ 1104 study hours. The estimated time is a guideline.

**Tuition Paid in Full:** \$4,350.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,600.00 (\$250 non-refundable application fee as a down payment) with monthly payments of \$155.36 for 28 months.

#### Phase One Studies

**Estimated Time: 7-8 months**

<b>AV14</b> GC/MS Interpretation (video) ...	1
<b>AV10</b> EOs vs Whole Herb (video) .....	1
<b>A100</b> Healing EOs .....	3
<b>A125</b> Aroma & Herbs/Pregnancy .....	2
<b>M200</b> Nutrition and Health .....	2
<b>M310</b> Vitamin/Minerals .....	3
<b>G300</b> Disease Prevention .....	2
<b>G215</b> Anatomy & Physiology part #1 ...	4
<b>G430</b> Women & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	2
*Herbal Adaptogens .....	n/a

#### Phase Two Studies

**Estimated Time: 7-8 months**

<b>A175</b> Artful Aromatherapy .....	3
<b>A150</b> EOs for Caregivers .....	2
<b>A275-A</b> EO Professional #1 .....	4
<b>G320</b> Gerson Therapy .....	3
<b>G110</b> GAPS .....	3
<b>G100</b> Autoimmune Epidemic .....	3
<b>M230</b> Immune/Autoimmune .....	3
<b>G350</b> Herbs and Physiology .....	4
<b>G215</b> Anatomy & Physiology #2 .....	n/a
*Herbal Teas & Infusions .....	n/a

#### Phase Three Studies

**Estimated Time: 7-8 months**

<b>A225</b> EO Blending .....	3
<b>A250</b> EO Acupressure .....	3

<b>G540</b> Reflexology .....	3
<b>AV12</b> Compassion Connection .....	1
<b>A275-B</b> EO Professional #2 .....	n/a
<b>G460**</b> Medical Herbalism .....	4
<b>G470**</b> Earthwise Herbal Repertory ....	4
<b>**Choose G460 OR G470</b>	
<b>G530</b> History of Naturopathy .....	3
<b>G215</b> Anatomy/Physiology part #3 ....	n/a
<b>A400-A</b> Essential Oil Safety #1 .....	4
*Lung Health & Herbal Support .....	n/a

#### Phase Four Studies

**Estimated Time: 7-8 months**

<b>A400-B</b> Essential Oil Safety #2 .....	n/a
<b>A400-C</b> Essential Oil Safety #3 .....	n/a
<b>A500</b> Clinical Aromatica #1 .....	3
<b>G550</b> Clinician's Natural Medicine .....	4
<b>G500</b> Homeopathy .....	3
<b>M250</b> Parasites .....	2
<b>M240</b> Lyme Disease .....	2
<b>M610</b> Blood Chemistry .....	3
<b>THHP</b> Final Exam .....	0
*Three Unrivaled Antiviral Herbs .....	n/a
*Medicine Chest: Tea/Infusions .....	n/a

#### Case Studies

<b>SG21</b> Client Case Studies #1 .....	1.5
<b>SG22</b> Client Case Studies #2 .....	1.5
<b>SG23</b> Client Case Studies #3 .....	1.5
<b>SG24</b> Client Case Studies #4 .....	1.5

## Most Frequently Asked Questions

- Is Genesis School of Natural Health Accredited?
- Will I qualify for Board Certification?
- Can I freely practice as an Herbalist?
- What ALL Natural Health Professionals Do and What We Don't Do?
- What is Traditional Naturopathy?
- Can I practice Naturopathy anywhere after receiving my diploma from Genesis?
- Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?
- Can I legally give individual nutritional counseling?
- Will my transcripts be accepted at other schools for credit?

### Is Genesis School of Natural Health Accredited?

Yes, we are accredited by the American Association of Drugless Practitioners. The AADP is recognized by both, traditional and non-traditional holistic schools and colleges world-wide as an independent accrediting board for alternative health educational institutions and programs.

### Will I qualify for Board Certification?

The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp](http://www.aadp).

### May I freely practice as an Herbalist?

Absolutely. Presently, there exists no licensure in the United States for Herbalists. They can freely practice, as long as they do not diagnose or treat or violate any laws in your state that pertain to "practicing medicine - presenting yourself as a doctor" or "nutritional counseling - presenting yourself as a dietician or nutritionist". Below is a site that tracks the states that have implemented nutritional laws.

"Currently herbalists are not licensed in any states in the United States. If there is an exclusive scope of practice nutrition licensing law (red or orange on the map) in a state, then it is illegal for herbalists to provide nutrition counseling unless they obtain a nutrition license, or fall under an explicit exemption, which is rare.

Practicing herbalists MUST review the scope of the nutrition law in their state including all exceptions and exemptions to assess whether they are legally able to use nutrition tools in their practice. Seeking legal advice may help to determine whether laws governing nutrition care would be violated by the use of nutrition tools in an herbalist practice." - <http://www.nutritionadvocacy.org/laws-state#78>

### What Natural Health Professionals Do and What We Don't Do:

- We do not diagnose disease. We analyze and evaluate conditions, symptoms, and lifestyle habits. We do not claim to be a doctor or dietician/nutritionist. We are natural health professionals, herbalists, holistic health professionals...
- We do not treat a specific disease. We focus on healing the entire body naturally. We address or remove the root causes and practice the healing power of nature.
- We do not prescribe drugs. We depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of whole foods and herbs and practice "do not harm".
- We maintain the highest standard of professional and personal conduct and abide by all state and local laws.
- We are willing to consult and seek the talents of other health professionals when needed. We do not practice beyond our ability and we are up to date on all information given to our clients.
- We take a holistic approach to support the whole person. We teach, guide, and encourage.

## **What is Traditional Naturopathy?**

"Naturopathy is a philosophy which encompasses a view of life, a model for living a full life. The word naturopathy is a Latin-Greek hybrid which can be defined as 'being close to or benefiting from nature.'" — Stewart Mitchell, *Naturopathy: Understanding the Healing Power of Nature*

A Traditional Naturopath does not treat or diagnose "diseases". They do teach and encourage lifestyle changes like diet, exercise, and sleep. Traditional Naturopaths support the body's natural healing processes with natural healing approaches.

## **Can I practice Naturopathy anywhere after receiving my diploma from Genesis School of Natural Health?**

We teach traditional naturopathy which is a natural health art recognized in all 50 states except South Carolina and Tennessee. Since traditional naturopaths do not diagnose or treat they can legally exercise their practice. It is not to be confused with naturopathic medicine that Naturopathic Physicians practice, they are licensed in about 19 states to diagnose and treat. **See [www.anma.org](http://www.anma.org) for details on state legislations.**

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

## **Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?**

You must check with your State. We have chosen to use TND as a designation but there are some hostile laws and people that may even frown at the similarity. Genesis gives the option of choosing TND or HHP If you cannot use the ND or TND. Other designations allowed in States where you cannot bear the ND status are: Natural Health Practitioner (NHP), Doctor of Natural Medicine (DNM), Naturopathic Practitioner (NP), Holistic Health Practitioner (HHP), Alternative Medicine Diplomate (AMD) and others.

## **Can I legally give individual nutritional counseling?**

As of writing, 23 states require a state license for nutritional counseling, the others do not. All nutritionists can educate, give general natural health guidance and sell nutritional products. We use the designation of Natural Health Consultant to specifically avoid conflict with dietician groups in the political arena.

Interaction with clients will involve conversations about food and drink choices regardless of whether you are designated as a HHP, TND, NHC, MH, or HC. Know your state laws so your language is correct when helping clients and developing written materials like brochures. It is not what you do, it is what you say and write that can get you in trouble.

"Currently herbalists are not licensed in any states in the United States. If there is an exclusive scope of practice nutrition licensing law (red or orange on the map) in a state, then it is illegal for herbalists to provide nutrition counseling unless they obtain a nutrition license, or fall under an explicit exemption, which is rare.

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## **Will my transcripts be accepted at other schools for credit?**

It depends on the school. Genesis does not have government accreditation (this is the same for most natural health online programs including Trinity, New Eden, and many more). Professional accreditation is recognition by professionals which is not the same as a government accredited college or university.

## Licensure

A few states require a license to work in specific areas of the natural health field. Genesis School of Natural Health does not meet the educational requirement of any state where a license is required. It is the student's responsibility to find out the individual requirements of your state so you are in compliance with their laws.

Our online distance learning programs lead to non-traditional diplomas and designations. Genesis School of Natural Health does not have, nor do we plan to seek accreditation through the U.S. Department of Education.

Genesis School of Natural Health has avoided any known language that may become an issue as the medical profession and drug companies try to limit our access to natural health consultants and natural products.

We do not offer a Doctor of Naturopathy diploma or degree. It is called Traditional Doctor of Naturopathy. You may choose the recognition OF Holistic Health Professional for the same program. If you choose the TND program and later find out that this was not a wise decision we will give you a new diploma stating you are a HHP (a fee for a new transcript and new diploma will apply but as of now it would only be \$40).

We say Holistic Health Professional instead of Holistic Health Practitioner to avoid the word "practitioner" which may be viewed as a medical designation in the future. The definition of practitioner: "a person actively engaged in an art, discipline, or profession, especially medicine"

We do not offer "degrees". The name implies that the credits can transfer to government accredited schools and I find that misleading. We offer professional diplomas to recognize and verify your many hours of study and completion of our program.

## Prerequisites

We prefer a minimum of a high school diploma or GED to enroll in any program at Genesis but the ability and desire to learn is more important. If a student is from outside the U.S. we will need a description of your educational background. Students are NOT required to have a college degree. Genesis School of Natural Health has a nondiscriminatory policy. We do not discriminate period! We exist to teach and train all those interested in the field of natural health.

## Tests, Projects, and Study Groups

Tests are open book and multiple choice and true/false. The purpose of testing is for emphasizing information and ensuring that each student has read the required materials. Projects are graded as a pass or fail. If a project is not adequate the student will be given additional instructions before resubmitting the project. There are currently two online Study Group classes led by Sharlene Peterson. They are offered quarterly. Sharlene Peterson will also be leading an optional Real Time Study Group which meets every 6-8 weeks.

## Distance Education Requirements

1. You should have basic computer skills - you will need to know how to use email, attach files, access the Internet, download documents, and how to utilize word processing.
2. Students should have a computer and printer.
3. A personal email address is required - this must not be a shared email with a spouse or other family members. If your email contact changes you must notify us immediately - send us an email using your new address with the Subject stating "NEW EMAIL ADDRESS".



## Application, Registration and Fees

The first step to enrolling at Genesis School of Natural Health is to submit the online student application form. Our Student Administrator will contact you to answer any questions. Unless there are serious reservations about your ability to complete the courses, you will be registered immediately. There is a \$250 non-refundable application fee which is included in the tuition pricing. The fee per credit hour is \$50.00.

After registration you will immediately receive a Welcome Letter via email with your Student ID #, passwords, and all the information you will need to get started. Darlene Jorgens is our student advisor and can help you with any questions you may have. We do require a completed Student Profile and a small photograph via email for each student's file. The information in the Student Profile and the picture are for office use only - we will not publish or share student information with anyone.

All textbooks purchases are the responsibility of the student and are available at many online bookstores. We do provide several downloadable manuals that are included in the tuition. An installment plan for all programs is available. Credit cards, personal checks, and money orders are accepted for tuition payment and must be in U.S. Dollars. Genesis does not participate in Federal or State financial aid programs.

## Refund Policy

Students who withdraw from their program of study within the first 30 days will receive a full refund on the tuition paid for their program, minus the \$250.00 nonrefundable application fee and the fee for any completed courses. If you have given Genesis School of Natural Health authorization to process your credit card we will continue to do so until the full tuition is paid unless you formally withdraw from your program within the first 30 days. Stopping payments or course work is not considered an official withdrawal from the school. You must contact our office to withdraw from any program or class.

## Transfer of Credits

Transfer of credits/classes from another school is allowed but it will be done on an individual basis. There are no fees for the transfer of classes - we are pleased that you have chosen to continue your education at our school.

## Accreditation

We are accredited by the American Association of Drugless Practitioners. The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.org](http://www.aadp.org).

Accreditation is voluntary and does not carry any influence for those who receive diplomas. Please read the following articles on our website: "What is Accreditation?" and "Boards and Certification"

## Time Limit for the Programs

There is no set time in which the student must complete any individual phase of learning; however, the student must complete the entire program within the following guidelines. If a student has had to take time off because of family or job situations we will extend the time.

- A 3-year time limit applies to the single-diploma programs: Master Herbalist, Clinical Master Herbalist, Natural Health Consultant, Holistic Health Professional and Doctor of Traditional Naturopathy
- A 4-year time limit applies to Double-Diploma and Triple-Diploma programs.

## **Extension or Leave of Absence**

If the student is unable to complete a program within the time limit they may request an Extension or a Leave of Absence (emergency or life changing events) by written request (mail or email only). The Extension or Leave of Absence request will be reviewed on an individual basis and the student will be notified of the decision made. All Extensions and Leave of Absences have a time limit of one year.

## **Grading Scale**

### **90-100% (A); 80-89% (B); 75-79% (C)**

If a student receives a grade below 75% arrangements will be made through the Student Administrator to determine if full retesting is required or if there was an area within the testing that needs clarification and a partial retest is sufficient. We want to see you succeed both in the classroom and professionally in the future.

## **Graduation Requirements, Diplomas, and Transcripts**

A student will be eligible for graduation and receive their diploma(s) when the following conditions are fulfilled:

1. Student has completed all required courses and credit hours
2. Student has received a 75% or better in all classes; and
3. Student has met all financial obligations.

**Thank you for considering Genesis School of Natural Health!**

**Enjoy the Journey,  
Sharlene Peterson, CMH, HHP, BS Biology  
Educational Administrator**

**Contact Genesis School of Natural Health**

Phone: 605-639-1648

Email: [office@genesisschoolofnaturalhealth.org](mailto:office@genesisschoolofnaturalhealth.org)