



# Course Catalog 2020-2021

**Contact Genesis School of Natural Health** 

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### **Genesis School of Natural Health**

# **Creating Professionals**

Genesis School of Natural Health is committed to providing students with a comprehensive holistic health education. Our diploma programs provide in-depth training in natural health strategies resulting in competent, educated, and confident graduates.

Complex health issues have become a common theme in most communities. The rates of autoimmune diseases, metabolic disorders, Lyme disease, intestinal permeability (leaky guts), food allergies, and mood disorders increase greatly every year. To prepare our students for the challenge of modern health issues we have developed a 4-Phase Learning System.

Our 4-Phase Learning System guides each student through the learning process of understanding and interpretation. Each phase builds upon the previous phase to provide a solid foundation of knowledge. In addition to carefully selected books and written manuals we provide online case study classes and quarterly advanced knowledge classes. Case studies are an invaluable resource and are included in our customized manuals on Lyme Disease, Autoimmune Diseases and Parasites of Human Interest manuals.

### **Diploma Programs:**

Master Herbalist (MH)

Clinical Master Herbalist (CMH) - graduates receive two diplomas: MH & CMH

Natural Health Consultant (NHC)

Holistic Health Professional (HHP)

Traditional Doctor of Naturopathy (TND)

# **Double-Diploma Programs:**

Clinical Master Herbalist (MH & CMH)

MH & NHC

MH & HHP

MH & TND

#### **Triple-Diploma Programs:**

CMH, MH & NHC

CMH, MH & HHP

CMH, MH & TND

All programs have been purposely designed to overlap in key study areas to provide an affordable opportunity to broaden your studies. Herbalism, knowledge of vitamins, minerals, and supplements, functional anatomy, and case studies are core requirements in all programs. Students may enroll in additional programs at any time with duplicate classes credited in full.

Our Master Herbalist program is designed to prepare the student for a career as a professional herbalist. This comprehensive program includes botany, herbal medicine-making projects, modern and traditional herbal studies, nutrition, and the functional anatomy and physiology information needed to correctly choose the best remedies. This program will also benefit natural health professionals and students looking to enhance their holistic health careers.

As a Clinical Master Herbalist you will complete the entire Master Herbalist program and complete advanced classes covering plant constituents/phytochemistry and specific protocols for a variety of health challenges. Graduates will receive both the MH and CMH diplomas.

### Student Resources

Student Accounts: We have made arrangements with professional herbal and supplement companies for students who would like to sign up for their student accounts. Most of the companies also provide video, and seminar opportunities for continued education.

**The Student Discussion Group** is a private forum made up of students and graduates. Its purpose is to enhance student learning and social interaction. A place where students and graduates may ask questions, start discussions about various health issues, learn about herbal preparations, connect with like-minded students, and more.

Articles & Books: PDF formats that include books, professional studies and research papers on various subjects including herbs, supplements, disease conditions, and more.

#### Meet Our School Team

# Student Advisor: Darlene Jorgens, MH, HHP, NHC, CMH

As one of our first students to enroll at Genesis, Darlene Jorgens has completed every program we have offered! She has her own natural health office in addition to serving as Student Advisor. Darlene's contribution to educational materials and projects is immense but her main duty is to help you! If you have program questions, need encouragement throughout your studies, reach out to Darlene. She finds it a privilege and a joy to connect with you.

#### **President and Educational Coordinator: Sharlene Peterson**

The Genesis School of Natural Health was founded by Sharlene in response to a growing need for competent natural health professionals. Those who have attained the depth of understanding that it takes to work beyond the mere presentation of symptoms.

Knowledge is not effective without understanding that many are afflicted with the same set of symptoms/diseases, yet the actual root cause is different. Sharlene has created multifaceted programs, educational materials, and a distinctive approach to disease to provide students with the tools they need to offer effective natural, holistic healthcare.

Homeopathy School Advisor: Randy McCormick

# Enjoy the Journey,

Sharlene Peterson, BS Biology, CMH, HHP **President and Educational Coordinator** 

**Contact Genesis School of Natural Health** 

Phone: 605-639-1648

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# **Diploma Programs**

Master Herbalist (MH) Clinical Master Herbalist (CMH)\* Natural Health Consultant (NHC) Holistic Health Professional (HHP) Traditional Doctor of Naturopathy (TND)

\*The Clinical Master Herbalist includes all the requirements to complete the Master Herbalist program. CMH graduates will receive both a MH and a CMH diploma.

# **Double-Diploma Programs**

Master Herbalist & Natural Health Consultant (MH, NHC)

Master Herbalist & Holistic Health Professional (MH, HHP)

Master Herbalist & Traditional Doctor of Naturopathy (MH, TND)

# **Triple-Diploma Programs**

Clinical Master Herbalist & Natural Health Consultant (CMH, MH, NHC)\*

Clinical Master Herbalist & Holistic Health Professional (CMH, MH, HHP)\*

Clinical Master Herbalist & Traditional Doctor of Naturopathy (CMH, MH, TND)\*

Hawkal Duatasta

ALL credits earned in one degree transfer when a student enrolls in another program. This results in significant savings while broadening your education.

#### **Courses and Credit Hours**

**Advanced Knowledge Base** 

G100 Autoimmune Epidemic
Biological and Nutritional Studies M200 Nutrition & Health
Herbal Approaches G400 Herbal Medicine Making

THHP Final Exam
Quarterly Class - optional
SG10 Functional Anatomy
Online Teacher-Led Classes
Analytical Methods G600 Kinesiology
Natural Alternatives G500 Homeopathy
SG30 Herbal Reference Project

# Required Reading: Books, Manuals, DVD

Books may change over time based upon availability or when different materials serve as better educational tools. All manuals and downloadable materials are property of the Genesis School of Natural Health and are made available to enrolled students at no additional fee. These copy written materials may be downloaded and printed for student use only. They may not be shared in any format, downloaded, printed, or sold. Permission for citations, may be requested via email at: edu@genesisschoolofnaturalhealth.org

#### **Advanced Knowledge Base**

- G100 The Autoimmune Epidemic (2009): Donna Jackson Nakazawa
- G110 Gut & Psychology Syndrome (2010 revised edition): Dr. Natasha Campbell-McBride
- M230 Autoimmune Diseases 2020: Sharlene Peterson, Download
- M240 Lyme Disease 2019: Sharlene Peterson, Download
- M250 Human Parasites of Interest 2019: Sharlene Peterson, Download

### **Biological and Nutritional Studies**

- M200 Nutrition and Health 2019: Sharlene Peterson & D. Jorgens, Download
- G210 Anatomy and Physiology, 11th ed. (2010): Ross and Wilson
- G300 Never Be Sick Again (2002): Raymond Francis
- M310 Vitamins, Minerals, & Supplements 2019: Darlene Jorgens, Download
- G320 The Gerson Therapy (2006): Charlotte Gerson and Morton Walker
- G350 Herbal ABC's (2018): Dr. Sharol Marie Tilgner

#### **Herbal Approaches**

- G400 The Herbal Medicine Maker's Handbook (2000): James Green
- G430 Women's Herbs Women's Health (2007): Christopher Hobbs & Kathi Keville
- G440 School of Natural Healing (Centennial Ed.): Dr. John R. Christopher
- G415 **Botany in a Day** (6th edition): Thomas J. Elpel
- G460 Medical Herbalism (2003): David Hoffmann
- G470 Earthwise Herbal Repertory (2016): Matthew Wood
- G480 Herbal Constituents: Foundations of Phytochemistry (2009): Lisa Ganora

#### **Natural Alternatives**

- G500 Homeopathic Medicine at Home (1981): Maesimund Panos, Jane Heimlichm
- G520 Advanced Aromatherapy (1998): Kurt Schnaubel
- G530 **Naturopathy for the 21st Century** (2001): Robert J Thiel
- G540 Complete Reflexology for Life (2009): Barbara & Kevin Kunz
- G550 The Clinician's Handbook of Natural Medicine 3rd ed. (2016): Joseph Pizzorno, Michael Murray and Herb Joiner-Bey

#### **Analytical Methods**

- G600 Kinesiology DVD: Muscle Testing for Your Health by David J.Getoff
- M610 Basic Blood Chemistry 2018: Sharlene Peterson, Download

# **Online Classes & Projects**

**SG10 Functional Anatomy:** This class is primarily focused on the function of organs, glands, and systems within the human body. We will discuss what takes place in the body as a whole and answer questions like: How does the function of the liver affect sex hormones? How does the removal of the gallbladder affect fat-soluble vitamins? What vitamins and minerals are required for thyroid function?

SG21 Client Case Studies #1 and #2 During our class you will learn how to determine which additional questions to ask and how they relate to what your client may need. We will discuss the herbs, supplements, homeopathics, and dietary changes that may benefit the client. Student resources include: Symptom Survey, Consent, and Supplement forms.

SG22 Client Case Studies #3 and #4 During our class you will learn how to determine which additional questions to ask and how they relate to what your client may need. We will discuss the herbs, supplements, homeopathics, and dietary changes that may benefit the client. Student resources include: Symptom Survey, Consent, and Supplement forms.

NEW! Quarterly Class: An optional class offered every three months with the main focus on herbal studies. Classes are limited to the first 25 students that sign up but will be recorded and posted on the Student Resources pages.

SG30 Herbal Reference Project: This project will become a valuable reference guide for your office. It is a simple system that expands with your knowledge about herbs. Details should include herbal actions, taste, temperature, specifics, etc. It is a pass/fail project.

SG31 Herbal Preparation Projects: Learning how to use fresh or dried herbs and a few simple ingredients to create your own formulas will spark your creativity and confidence. Students are required to make one tincture plus a project of choice (decoction, salve, oil infusion, etc.). It is a pass/fail project.

# Master Herbalist (MH) Program

**M250** Parasites of Human Interest ...... 2

This is a professional level Master Herbalist program with courses in botany, herbal medicine-making, herbal properties/materia medica and herbal formulations. To prepare you for working with clients, our Master Herbalist program includes studies in anatomy and physiology, case studies, nutrition, vitamins and minerals, and kinesiology. The herbal reference project will be a valuable and updated resource for your natural health office.

This program makes you eligible to apply for Board Certification. The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners.

**Requirements** include 8 books/manuals, 2 projects, 1 DVD, and 3 online classes. Estimated time to complete this program is 12 months. 39 credit hours/624 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder

**Tuition Paid in Full:** \$1,800 (includes \$250 non-refundable application fee).

**Installments:** \$1,900 (\$250 non-refundable application fee as a down payment and \$137.50 per month for 12 months or \$110.00 for 15 months).

Phase One Studies Estimated Time: 3 months	Phase Four Studies Estimated Time: 3 months
G350 Herbs and Physiology	G460 Medical Herbalism**
Phase Two Studies	** Choose one: G460 OR G470
Estimated Time: 4 months	Required Online Classes
M200 Nutrition and Health	<b>SG10</b> Functional Anatomy
Phase Three Studies Estimated Time: 2 months	Students in our MH program may enroll in the Clinical Master Herbalist program at any
G400 Herbal Medicine Making	time. The CMH program includes all the requirements of the MH and all MH credits are applied to the CMH program.

Add the CMH program for \$1,400.

# **Clinical Master Herbalist (CMH) Program**

Clinical Master Herbalist graduates will receive two diplomas: MH and CMH. Our CMH program is the complete Master Herbalist program with additional studies. Set yourself apart with a much deeper understanding of functional anatomy and physiology, as well as additional studies in disease protocols. The clinical herbalism course also includes instruction in phytochemistry – the chemistry of plant constituents and how they relate to the human body.

This is an in-depth and rewarding program to prepare you for clients with very challenging health issues. We do require the completion of college level anatomy and physiology. The A&P and phytochemistry tests have been divided into sections for study purposes. There is one book per course. The CMH program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

Requirements include 15 books/manuals, 2 projects, 3 online classes, 1 DVD, and a final exam. Estimated time to complete this program is 24 months. 67 credit hours/1072 study hours. The estimated time is a guideline. It is possible to finish earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder

**Tuition Paid in Full:** \$3,250 (includes \$250 non-refundable application fee).

**Installments:** \$3,350 (\$250 non-refundable application fee as a down payment and \$155.00 per month for 20 months or \$124.00 for 25 months).

Phase One Studies Estimated Time: 6 months	Phase Three Studies Estimated Time: 6 months
G350 Herbs and Physiology 4	G470 Earthwise Herbal Repertory 4
SG30 Herbal Reference Project 3	M250 Parasites of Human Interest 2
M200 Nutrition and Health 2	G210 Anatomy/Physiology part #3 2
M310 Vitamin/Minerals/Supplements3	G480 Phytochemistry part #3 n/a
G210 Anatomy & Physiology Part # 2	G480 Phytochemistry part #4 n/a
G480 Phytochemistry part #1 4	M610 Blood Chemistry3
Phase Two Studies	
Estimated Time: 6 months	Phase Four Studies
G415 Studies in Botany 3	Estimated Time: 6 months
G400 Herbal Medicine Making3	G460 Medical Herbalism4
SG31 Herbal Preparation Projects 2	G480 Phytochemistry part #5 n/a
G440 Properties & Formulas 4	G550 Clinician's Natural Medicine 4
G210 Anatomy & Physiology #2 2	M230 Autoimmune Diseases 2
<b>G480</b> Phytochemistry part #2 n/a	M240 Lyme Disease2
Required Online Classes	G600 Kinesiology DVD3
SG10 Functional Anatomy 2	TCMH Final Exam3
SG21 Client Case Studies #1 & #2 2	
SG22 Client Case Studies #3 & #42	ADD the HHP or TND program for \$1,350.00 for a triple-diploma program.

# Natural Health Consultant (NHC) Program

Our NHC program was designed for those who want a solid foundation in the knowledge of natural health strategies. Natural Health Consultants use all available information on lifestyle, health background, diet, and health challenges to determine the needs of men, women, and children. Your books and classes were carefully selected to provide a highquality and compact program. Most of our NHC students are also enrolled in the Master Herbalist program which is a great combination for a well-rounded education.

This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Requirements include 11 books/manuals, 1 DVD, and 3 online classes. Estimated time to complete this program is 12 months. 38 credit hours/608 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$1,800 (includes \$250 non-refundable application fee).

Installments: \$1,900 (\$250 non-refundable application fee as a down payment and \$137.50 per month for 12 months or \$110.00 for 15 months).

Phase One Studies Estimated Time: 3 months	Phase Fou Estimated
G110 Gut & Psychology Syndrome3 M200 Nutrition & Health	<b>M250</b> Para <b>M610</b> Bloo <b>G600</b> Kines
Phase Two Studies Estimated Time: 3 months	Required ( SG10 Func SG21 Clien
G100 Autoimmune Epidemic	SG22 Clien
Phase Three Studies Estimated Time: 3 months	Adding the program to at any time NHC).
<b>G350</b> Herbs and Physiology	Add the M

#### ur Studies d Time: 3 months

<b>M250</b> Parasites of Human Interest	. 2
M610 Blood Chemistry	3
G600 Kinesiology DVD	3

#### Online Classes

<b>SG10</b> Functional Anatomy	2
SG21 Client Case Studies #1	2
SG22 Client Case Studies #2	2

Master Herbalist diploma your NHC courses may be done e (before or after completing the

1H program for \$950

# Holistic Health Professional (HHP) Program

Holistic Health Professionals and Traditional Naturopaths work within a professional office setting and see clients of all ages and in all conditions. Our HHP program provides the comprehensive, in-depth training that is needed to provide natural health strategies that are both safe and effective. Courses include anatomy & physiology, case studies, nutrition, herbal remedies, kinesiology, Lyme disease, autoimmune disorders, and more.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

Our Holistic Health Professional program is identical to our Traditional Doctor of **Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

**Requirements** include 19 books/manuals, 1 project, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 24 months. 73 credit hours/1168 study hours. Some students finish faster and others need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$3,550.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,650.00 (\$250 non-refundable application fee as a down payment and \$200.00 per month for 17 months or \$141.67 for 24 months).

Phase One Studies Estimated Time: 6 months	Phase Three Studies Estimated Time: 5 months
G300 Disease Prevention       2         M200 Nutrition & Health       2         G210 Anatomy & Physiology #1       2         G350 Herbs and Physiology       4         SG30 Herbal Reference Project       3	G100 Autoimmune Epidemic
Phase Two Studies Estimated Time: 7 months	Phase Four Studies Estimated Time: 6 months
G210 Anatomy & Physiology #2	G520 Aromatherapy
Required Online Classes	** Choose one: G460 OR G470
SG10 Functional Anatomy 2 SG21 Client Case Studies #1 & #22	THHP Final Exam3
<b>SG22</b> Client Case Studies #3 & #4 2	Add the MH program for \$600

or the CMH for \$1,150

# Traditional Doctor of Naturopathy (TND) Program

Traditional Naturopaths and Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. Our TND program provides the comprehensive, in-depth training that is needed to provide natural health strategies that are both safe and effective. Courses include anatomy and physiology, case studies, nutrition, herbal remedies, kinesiology, Lyme disease, autoimmune disorders, and more.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

Our Holistic Health Professional program is identical to our Traditional Doctor of **Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

Requirements include 19 books/manuals, 1 project, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 24 months. 73 credit hours/1168 study hours. Some students finish faster and others need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$3,550.00 (includes \$250 non-refundable application fee).

Installments: \$3,650.00 (\$250 non-refundable application fee as a down payment and \$200.00 per month for 17 months or \$141.67 for 24 months).

Estimated Time: 6 months	Estimated Time: 5 months
G300 Disease Prevention	G100 Autoimmune Epidemic
Phase Two Studies Estimated Time: 7 months	Phase Four Studies Estimated Time: 6 months
G210 Anatomy & Physiology #2	G520 Aromatherapy
Required Online Classes	** Choose one: G460 OR G470
SG10 Functional Anatomy 2 SG21 Client Case Studies #1 & #22	THHP Final Exam 3
SG22 Client Case Studies #3 & #4 2	Add the MH program for \$600 or the CMH for \$1,150

#### **DOUBLE-DIPLOMA PROGRAM**

# Master Herbalist & Natural Health Consultant (MH,NHC)

The addition of professional Master Herbalist program to your NHC program is perfect for a well-rounded education in natural health studies. A Natural Health Consultant is someone who uses all available information on lifestyle, health background, diet, and health challenges to determine the needs of men, women, and children.

This program makes you eligible to apply for Board Certification with The American Association of Drugless Practitioners Certification and Accreditation Board.

**Requirements** include 15 books/manuals, 2 projects, 1 DVD, and 3 online classes. Estimated time to complete this program is 24 months. 57 credit hours/912 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$2,750.00 (includes \$250 non-refundable application fee).

**Installments:** \$2,850.00 (\$250 non-refundable application fee as a down payment and \$130.00 per month for 20 months or 200.00 for 13 months).

Phase One Studies Estimated Time: 6 months	Phase Three Studies Estimated Time: 6 months
<b>M200</b> Nutrition & Health	G440 Properties & Formulas4 G400 Herbal Medicine Making3
M310 Vitamin/Mineral/Supplements 3	SG31 Herbal Preparation Projects 2
G415 Studies in Botany 3 SG30 Herbal Reference Project 3	M240 Lyme Disease2
	Phase Four Studies
Phase Two Studies	Estimated Time: 6 months
Estimated Time: 6 months	M250 Parasites of Human Interest 2
G110 Gut & Psychology Syndrome 3	M610 Blood Chemistry 3
G100 Autoimmune Epidemic 3	G600 Kinesiology DVD3
M230 Autoimmune Diseases2	G460 Medical Herbalism** 4
<b>G430</b> Women & Herbs3	G470 Earthwise Herbal Repertory** 4
G350 Herbs and Physiology 4	• •
	** Choose one: G460 OR G470
Required Online Classes	
SG10 Functional Anatomy2	Add the CMH for \$1,050 and receive
SG21 Client Case Studies #1 & #22	three diplomas: NHC, MH, and CMH
SG22 Client Case Studies #3 & #42	- ,

#### **DOUBLE-DIPLOMA PROGRAMS**

#### Master Herbalist & Holistic Health Professional (MH,HHP)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. In addition, a professional level Master Herbalist education will give you the additional knowledge and confidence to work with the most difficult health challenges. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Our Holistic Health Professional program is identical to our Traditional Doctor of Naturopathy program. Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

Requirements include 22 books/manuals, 2 projects, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 28 months. 85 credit hours/1360 study hours. The estimated time is a guideline. Some will finish earlier while others need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$4,150 (includes \$250 non-refundable application fee).

**Installments:** \$4,250.00 (\$250 non-refundable application fee as a down payment and \$200.00 per month for 20 months or 153.84 for 26 months).

Phase One Studies Estimated Time: 7 months	Phase Three Studies Estimated Time: 7 months
<b>G300</b> Disease Prevention	G100 Autoimmune Epidemic 3
M200 Nutrition & Health 2	M230 Autoimmune Diseases 2
<b>G210</b> Anatomy & Physiology #12	<b>G210</b> Anatomy & Physiology #3 2
G350 Herbs and Physiology 4	<b>G430</b> Women & Herbs3
SG30 Herbal Reference Project 3	<b>G500</b> Homeopathy 3
G415 Studies in Botany3	<b>M240</b> Lyme Disease2
Phone Two Chadine	G440 Properties & Formulas4
Phase Two Studies Estimated Time: 7 months	Phase Four Studies Estimated Time: 7 months
G210 Anatomy & Physiology #2 2	
G320 Gerson Therapy 3	<b>G550</b> Clinician's Natural Medicine 4
M310 Vitamin/Mineral/Supplements 3	<b>G520</b> Aromatherapy 3
G110 Gut & Psychology Syndrome3	<b>G530</b> History of Naturopathy3
M250 Parasites of Human Interest 2	<b>G540</b> Reflexology3
G400 Herbal Medicine Making3	G600 Kinesiology3
SG31 Herbal Preparation Projects 2	M610 Blood Chemistry 3
Paratived Online Classes	G460 Medical Herbalism**4
Required Online Classes	<b>G470</b> Earthwise Herbal Repertory** 4
SG10 Functional Anatomy	** Choose one: G460 OR G470
<b>SG21</b> Client Case Studies #1 & #22 <b>SG22</b> Client Case Studies #3 & #42	THHP Final Exam 3
2222 2 3450 2444.35 # 2 44 # 1	Add the CMH for \$550 and receive three

diplomas: HHP, MH, and CMH

#### **DOUBLE-DIPLOMA PROGRAMS**

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#### Master Herbalist & Traditional Doctor of Naturopathy (MH,TND)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. In addition, a professional level Master Herbalist education will give you the additional knowledge and confidence to work with the most difficult health challenges. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Our Holistic Health Professional program is identical to our Traditional Doctor of **Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

Requirements include 22 books/manuals, 2 projects, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 28 months. 85 credit hours/1360 study hours. The estimated time is a guideline. Some will finish earlier while others need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$4,150 (includes \$250 non-refundable application fee).

**Installments:** \$4,250.00 (\$250 non-refundable application fee as a down payment and \$200.00 per month for 20 months or 153.84 for 26 months).

Estimated Time: 7 months	Estimated Time: 7 months
G300 Disease Prevention 2	G100 Autoimmune Epidemic 3
M200 Nutrition & Health 2	M230 Autoimmune Diseases 2
<b>G210</b> Anatomy & Physiology #12	G210 Anatomy & Physiology #3 2
G350 Herbs and Physiology 4	<b>G430</b> Women & Herbs3
SG30 Herbal Reference Project 3	<b>G500</b> Homeopathy 3
<b>G415</b> Studies in Botany3	<b>M240</b> Lyme Disease2
Phase Two Studies	G440 Properties & Formulas4
Estimated Time: 7 months	Phase Four Studies
<b>G210</b> Anatomy & Physiology #2 2	Estimated Time: 7 months
<b>G320</b> Gerson Therapy 3	G550 Clinician's Natural Medicine 4
M310 Vitamin/Mineral/Supplements 3	<b>G520</b> Aromatherapy 3
<b>G110</b> Gut & Psychology Syndrome 3	<b>G530</b> History of Naturopathy3
M250 Parasites of Human Interest 2	G540 Reflexology3
G400 Herbal Medicine Making3	G600 Kinesiology3
<b>SG31</b> Herbal Preparation Projects 2	M610 Blood Chemistry 3
Deguired Online Classes	G460 Medical Herbalism**4
Required Online Classes	<b>G470</b> Earthwise Herbal Repertory** 4
SG10 Functional Anatomy	** Choose one: G460 OR G470
<b>SG21</b> Client Case Studies #1 & #22 <b>SG22</b> Client Case Studies #3 & #42	THHP Final Exam 3
	Add the CMH for \$550 and receive three

diplomas: TND, MH, and CMH

#### TRIPLE DIPLOMA PROGRAMS

### Clinical Master Herbalist, Master Herbalist & Holistic Health Professional

Our Holistic Health Professional program is identical to our Traditional Doctor of **Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

Our CMH, MH, HHP program provides extensive studies in herbalism, plant chemistry, and natural health protocols. The professional Master Herbalist coursework is prerequisite to completion of the Clinical Master Herbalist program. Therefore, all CMH graduates will receive both the MH & CMH diploma designations. Many of the natural health courses required for the HHP or THD programs are purposefully designed to overlap with the CMH requirements. Each program builds upon the other without repetition. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Requirements include 24 books/manuals, 2 projects, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 36 months. 96 credit hours/1536 study hours.

**Tuition Paid in Full:** \$4,700.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,800.00 (\$250 non-refundable application fee as a down payment and \$175.00 per month for 26 months or \$142.19 for 32 months).

Phase One Studies Estimated Time: 8 months	Phase Three Studies Estimated Time: 8 months
<b>G300</b> Disease Preventionv2	G100 Autoimmune Epidemic 3
<b>M200</b> Nutrition & Health2	M230 Autoimmune Diseases 2
<b>G210</b> Anatomy & Physiology #12	G210 Anatomy & Physiology #3 2
G350 Herbs and Physiology 4	G480 Phytochemistry part #3n/a
SG30 Herbal Reference Project3	G480 Phytochemistry part #4 n/a
G415 Studies in Botany3	<b>G430</b> Women & Herbs 3
G480 Phytochemistry part #14	<b>G500</b> Homeopathy 3
	<b>M240</b> Lyme Disease 2
Phase Two Studies Estimated Time: 8 months	G440 Properties & Formulas4
<b>G210</b> Anatomy & Physiology #2 2	Phase Four Studies
G320 Gerson Therapy3	Estimated Time: 8 months
M310 Vitamin/Minerals/Supplements 3	G550 Clinician's Natural Medicine 4
<b>G110</b> Gut & Psychology Syndrome 3	G480 Phytochemistry part #5 n/a
M250 Parasites of Human Interest 2	<b>G520</b> Aromatherapy 3
<b>G480</b> Phytochemistry part #2 n/a	<b>G530</b> History of Naturopathy 3
G400 Herbal Medicine Making3	<b>G540</b> Reflexology3
SG31 Herbal Preparation Projects 2	<b>G600</b> Kinesiology3
	M610 Blood Chemistry 3
Required Online Classes	G460 Medical Herbalism 4
SG10 Functional Anatomy 2	G470 Earthwise Herbal Repertory 4
SG21 Client Case Studies #1 & #2 2	TCMH Final Exam 3
SG22 Client Case Studies #3 & #4 2	THHP Final Exam 3

#### TRIPLE DIPLOMA PROGRAMS

# Clinical Master Herbalist, Master Herbalist & Traditional Dr. of Naturopathy

Our Holistic Health Professional program is identical to our Traditional Doctor of **Naturopathy program.** Choose the HHP designation If you are concerned about laws developing in your state where the words "Doctor" or "Naturopathy" may bring legal issues.

Our CMH, MH, TND program provides extensive studies in herbalism, plant chemistry, and natural health protocols. The professional Master Herbalist coursework is prerequisite to completion of the Clinical Master Herbalist program. Therefore, all CMH graduates will receive both the MH & CMH diploma designations. Many of the natural health courses required for the HHP or THD programs are purposefully designed to overlap with the CMH requirements. Each program builds upon the other without repetition. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Requirements include 24 books/manuals, 2 projects, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 36 months. 96 credit hours/1536 study hours.

**Tuition Paid in Full:** \$4,700.00 (includes \$250 non-refundable application fee).

**Installments:** \$4,800.00 (\$250 non-refundable application fee as a down payment and \$175.00 per month for 26 months or \$142.19 for 32 months).

Phase One Studies Estimated Time: 8 months	Phase Three Studies Estimated Time: 8 months
<b>G300</b> Disease Preventionv2	G100 Autoimmune Epidemic 3
<b>M200</b> Nutrition & Health2	M230 Autoimmune Diseases 2
<b>G210</b> Anatomy & Physiology #1 2	G210 Anatomy & Physiology #3 2
G350 Herbs and Physiology 4	G480 Phytochemistry part #3n/a
SG30 Herbal Reference Project3	G480 Phytochemistry part #4 n/a
<b>G415</b> Studies in Botany3	<b>G430</b> Women & Herbs 3
<b>G480</b> Phytochemistry part #14	G500 Homeopathy3
	<b>M240</b> Lyme Disease 2
Phase Two Studies Estimated Time: 8 months	G440 Properties & Formulas4
<b>G210</b> Anatomy & Physiology #2	Phase Four Studies Estimated Time: 8 months
M310 Vitamin/Minerals/Supplements 3	G550 Clinician's Natural Medicine 4
<b>G110</b> Gut & Psychology Syndrome 3	G480 Phytochemistry part #5 n/a
M250 Parasites of Human Interest 2	<b>G520</b> Aromatherapy 3
G480 Phytochemistry part #2 n/a	<b>G530</b> History of Naturopathy 3
<b>G400</b> Herbal Medicine Making3	<b>G540</b> Reflexology3
SG31 Herbal Preparation Projects 2	<b>G600</b> Kinesiology3
-	M610 Blood Chemistry 3
Required Online Classes	G460 Medical Herbalism 4
SG10 Functional Anatomy 2	G470 Earthwise Herbal Repertory 4
<b>SG21</b> Client Case Studies #1 & #2 2	TCMH Final Exam 3
SG22 Client Case Studies #3 & #4 2	THHP Final Exam3

#### TRIPLE DIPLOMA PROGRAMS

**SG21** Client Case Studies #1 & #2 ..... 2 **SG22** Client Case Studies #3 & #4 ......2

# **Clinical Master Herbalist, Master Herbalist & Natural Health Consultant**

Your NHC books and classes were carefully selected to provide a high-quality and compact natural health program for those who want a solid foundation in the knowledge of natural health strategies. The addition of the Clinical Master Herbalist program will provide a deeper understanding of functional anatomy and physiology, as well as additional studies in disease protocols. The clinical herbalism course also includes instruction in phytochemistry - the chemistry of plant constituents and how they relate to the human body.

The professional Master Herbalist coursework is prerequisite to completion of the Clinical Master Herbalist program. Therefore, all CMH graduates will receive both the MH & CMH diploma designations. This program makes you eligible to apply for Board Certification with the American Association of Drugless Practitioners Certification and Accreditation Board.

Requirements include 19 books/manuals, 2 projects, 1 DVD, 3 online classes and a final exam. Estimated time to complete this program is 32 months. 78 credit hours/1248 study hours.

**Tuition Paid in Full:** \$3,800.00 (includes \$250 non-refundable application fee).

**Installments:** \$3,900.00 (\$250 non-refundable application fee as a down payment and \$146.00 per month for 25 months or \$130.36 for 28 months).

Phase One Studies Estimated Time: 8 months	Phase Three Studies Estimated Time: 8 months
G210 Anatomy & Physiology part #1 2 M200 Nutrition & Health	G210 Anatomy & Physiology part #3 2 G480 Phytochemistry part #3
Phase Two Studies Estimated Time: 8 months	Phase Four Studies Estimated Time: 8 months
G210 Anatomy & Physiology part #2 2 G110 Gut & Psychology Syndrome 3 G100 Autoimmune Epidemic 3 M230 Autoimmune Diseases 2 G430 Women & Herbs 3 G350 Herbs and Physiology 4 G480 Phytochemistry part #2 n/a	G550 Clinician's Natural Medicine 4 G480 Phytochemistry part #5
Required Online Classes	
SG10 Functional Anatomy2	

# **Most Frequently Asked Questions**

- Is Genesis School of Natural Health Accredited?
- Will I qualify for Board Certification?
- Can I freely practice as an Herbalist?
- What ALL Natural Health Professionals Do and What We Don't Do?
- What is Traditional Naturopathy?
- Can I practice Naturopathy anywhere after receiving my diploma from Genesis?
- Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?
- Can I legally give individual nutritional counseling?
- Will my transcripts be accepted at other schools for credit?

#### Is Genesis School of Natural Health Accredited?

Yes, we are accredited by the American Association of Drugless Practitioners. The AADP is recognized by both, traditional and non-traditional holistic schools and colleges world-wide as an independent accrediting board for alternative health educational institutions and programs.

### Will I qualify for Board Certification?

The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at www.aadp.

#### May I freely practice as an Herbalist?

Absolutely. Presently, there exists no licensure in the United States for Herbalists. They can freely practice, as long as they do not diagnose or treat or violate any laws in your state that pertain to "practicing medicine - presenting yourself as a doctor" or "nutritional counseling - presenting yourself as a dietician or nutritionist". Below is a site that tracks the states that have implemented nutritional laws.

"Currently herbalists are not licensed in any states in the United States. If there is an exclusive scope of practice nutrition licensing law (red or orange on the map) in a state, then it is illegal for herbalists to provide nutrition counseling unless they obtain a nutrition license, or fall under an explicit exemption, which is rare.

Practicing herbalists MUST review the scope of the nutrition law in their state including all exceptions and exemptions to assess whether they are legally able to use nutrition tools in their practice. Seeking legal advice may help to determine whether laws governing nutrition care would be violated by the use of nutrition tools in an herbalist practice." - http://www.nutritionadvocacy.org/laws-state#78

#### What Natural Health Professionals Do and What We Don't Do:

- We do not diagnose disease. We analyze and evaluate conditions, symptoms, and lifestyle habits. We do not claim to be a doctor or dietician/nutritionist. We are natural health professionals, herbalists, holistic health professionals...
- We do not treat a specific disease. We focus on healing the entire body naturally. We address or remove the root causes and practice the healing power of nature.
- We do not prescribe drugs. We depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of whole foods and herbs and practice "do not harm".
- We maintain the highest standard of professional and personal conduct and abide by all state and local laws.
- We are willing to consult and seek the talents of other health professionals when needed. We do not practice beyond our ability and we are up to date on all information given to our clients.
- We take a holistic approach to support the whole person. We teach, guide, and encourage.

#### What is Traditional Naturopathy?

"Naturopathy is a philosophy which encompasses a view of life, a model for living a full life. The word naturopathy is a Latin-Greek hybrid which can be defined as 'being close to or benefiting from nature."" — Stewart Mitchell, Naturopathy: Understanding the Healing Power of Nature

A Traditional Naturopath does not treat or diagnose "diseases". They do teach and encourage lifestyle changes like diet, exercise, and sleep. Traditional Naturopaths support the body's natural healing processes with natural healing approaches.

#### Can I practice Naturopathy anywhere after receiving my diploma from Genesis School of Natural Health?

We teach traditional naturopathy which is a natural health art recognized in all 50 states except South Carolina and Tennessee. Since traditional naturopaths do not diagnose or treat they can legally exercise their practice. It is not to be confused with naturopathic medicine that Naturopathic Physicians practice, they are licensed in about 19 states to diagnose and treat. See www.anma.org for details on state legislations.

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

#### Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?

You must check with your State. We have chosen to use TND as a designation but there are some hostile laws and people that may even frown at the similarity. Genesis gives the option of choosing TND or HHP If you cannot use the ND or TND. Other designations allowed in States where you cannot bear the ND status are: Natural Health Practitioner (NHP), Doctor of Natural Medicine (DNM), Naturopathic Practitioner (NP), Holistic Health Practitioner (HHP), Alternative Medicine Diplomate (AMD) and others.

### Can I legally give individual nutritional counseling?

As of writing, 23 states require a state license for nutritional counseling, the others do not. All nutritionists can educate, give general natural health guidance and sell nutritional products. We use the designation of Natural Health Consultant to specifically avoid conflict with dietician groups in the political arena.

Interaction with clients will involve conversations about food and drink choices regardless of whether you are designated as a HHP, TND, NHC, MH, or HC. Know your state laws so your language is correct when helping clients and developing written materials like brochures. It is not what you do, it is what you say and write that can get you in trouble.

"Currently herbalists are not licensed in any states in the United States. If there is an exclusive scope of practice nutrition licensing law (red or orange on the map) in a state, then it is illegal for herbalists to provide nutrition counseling unless they obtain a nutrition license, or fall under an explicit exemption, which is rare.

Practicing herbalists MUST review the scope of the nutrition law in their state including all exceptions and exemptions to assess whether they are legally able to use nutrition tools in their practice. Seeking legal advice may help to determine whether laws governing nutrition care would be violated by the use of nutrition tools in an herbalist practice." - http://www.nutritionadvocacy.org/laws-state#78

#### Will my transcripts be accepted at other schools for credit?

It totally depends on the school. Genesis does not have government accreditation (this is the same for most natural health online programs including Trinity, New Eden, and many more). Professional accreditation is recognition by professionals which is not the same as a government accredited college or university.

#### Licensure

A few states require a license to work in specific areas of the natural health field. Genesis School of Natural Health does not meet the educational requirement of any state where a license is required. It is the student's responsibility to find out the individual requirements of your state so you are in compliance with their laws.

Our online distance learning programs lead to non-traditional diplomas and designations. Genesis School of Natural Health does not have, nor do we plan to seek accreditation through the U.S. Department of Education.

Genesis School of Natural Health has avoided any known language that may become an issue as the medical profession and drug companies try to limit our access to natural health consultants and natural products.

We do not offer a Doctor of Naturopathy diploma or degree. It is called Traditional Doctor of Naturopathy. You may choose the recognition OF Holistic Health Professional for the same program. If you choose the TND program and later find out that this was not a wise decision we will give you a new diploma stating you are a HHP (a fee for a new transcript and new diploma will apply but as of now it would only be \$40).

We say Holistic Health Professional instead of Holistic Health Practitioner to avoid the word "practitioner" which may be viewed as a medical designation in the future. The definition of practitioner: "a person actively engaged in an art, discipline, or profession, especially medicine"

We do not offer "degrees". The name implies that the credits can transfer to government accredited schools and I find that misleading. We offer professional diplomas to recognize and verify your many hours of study and completion of our program.

# **Prerequisites**

We require the minimum of a high school diploma or GED to enroll in any program at Genesis. If a student is from outside the U.S. we will need a description of your educational background. Students are NOT required to have a college degree. Genesis School of Natural Health has a nondiscriminatory policy. We do not discriminate period! We exist to teach and train all those interested in the field of natural health.

# **Tests, Projects, and Study Groups**

Tests are open book and primarily fill-in-the blank, multiple choice, and true/false. The purpose of testing is for emphasizing information and ensuring that each student has read the required materials. Projects are graded as a pass or fail. If a project is not adequate the student will be given additional instructions before resubmitting the project. There are currently three online Study Group classes led by Sharlene Peterson. They are offered every other month. Sharlene Peterson will also be leading a quarterly online class on advanced or desired subjects. Attendance is optional but encouraged.

# **Distance Education Requirements**

- 1. You should have basic computer skills you will need to know how to use email, attach files, access the Internet, download documents, and how to utilize word processing.
- 2. Students should have a desktop or laptop computer in their own home.
- 3. Students should have a Broadband Internet connection such as Cable or DSL.
- 4. A personal email address is required this must not be a shared email with a spouse or other family members. If your email contact changes you must notify us immediately - send us an email using your new address with the Subject stating "NEW EMAIL ADDRESS".
- 5. Students must download the free software program Adobe Reader that is used for reading the tests that are in PDF format.

# Application, Registration and Fees

The first step to enrolling at Genesis School of Natural Health is to submit the online student application form. Our Student Administrator, Megan Lackey, will contact you to answer any questions. Unless there are serious reservations about your ability to complete the courses, you will be registered immediately. There is a \$250 non-refundable application fee which is included in the tuition pricing. The fee per credit hour is \$50.00 for formal studies that include books/manuals and a \$25 fee for required online class credits.

After registration you will immediately receive a Welcome Letter via email with your Student ID #, passwords, and all the information you will need to get started. Darlene Jorgens is our student advisor and can help you with any questions you may have. We do require a completed Student Profile and a small photograph via emael for each student's file. The information in the Student Profile and the picture are for office use only - we will not publish or share student information with anyone.

All textbooks and CD/DVD purchases are the responsibility of the student and are available at many online bookstores. We do provide several downloadable manuals that are included in the tuition. An installment plan for all programs is available. Credit cards, personal checks, and money orders are accepted for tuition payment and must be in U.S. Dollars. Genesis does not participate in Federal or State financial aid programs.

#### **Refund Policy**

Students who withdraw from their program of study within the first 30 days will receive a full refund on the tuition paid for their program, minus the \$250.00 nonrefundable application fee and the fee for any completed courses. If you have given Genesis School of Natural Health authorization to process your credit card we will continue to do so until the full tuition is paid unless you formally withdraw from your program within the first 30 days. Stopping payments or course work is not considered an official withdrawal from the school. You must contact our office to withdraw from any program or class.

#### **Transfer of Credits**

Transfer of credits/classes from another school is allowed but it will be done on an individual basis. There are no fees for the transfer of classes - we are pleased that you have chosen to continue your education at our school.

#### **Accreditation**

We are accredited by the American Association of Drugless Practitioners. The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at www.aadp.

Accreditation is voluntary and does not carry any influence for those who receive diplomas. Please read the following articles on our website: "What is Accreditation?" and "Boards and Certification"

# **Time Limit for the Programs**

There is no set time in which the student must complete any individual phase of learning; however, the student must complete the entire program within the following guidelines. If a student has had to take time off because of family or job situations we will extend the time.

- A 3-year time limit applies to the single-diploma programs: Master Herbalist, Clinical Master Herbalist, Natural Health Consultant, Holistic Health Professional and Doctor of Traditional Naturopathy
- A 4-year time limit applies to Double-Diploma and Triple-Diploma programs.

#### **Extension or Leave of Absence**

If the student is unable to complete a program within the time limit they may request an Extension or a Leave of Absence (emergency or life changing events) by written request (mail or email only). The Extension or Leave of Absence request will be reviewed on an individual basis and the student will be notified of the decision made. All Extensions and Leave of Absences have a time limit of one year.

#### **Grading Scale**

90-100% (A); 80-89% (B); 75-79% (C)

If a student receives a grade below 75% arrangements will be made through the Student Administrator to determine if full retesting is required or if there was an area within the testing that needs clarification and a partial retest is sufficient. We want to see you succeed both in the classroom and professionally in the future.

# **Graduation Requirements, Diplomas, and Transcripts**

A student will be eligible for graduation and receive their diploma(s) when the following conditions are fulfilled:

- 1. Student has completed all required courses and credit hours
- 2. Student has received a 75% or better in all classes; and
- 3. Student has met all financial obligations.

# Thank you for considering Genesis School of Natural Health!

**Enjoy the Journey,** Sharlene Peterson, MH, CMH, HHP, BS Biology **President and Educational Administrator** 

**Contact Genesis School of Natural Health** 

**Phone:** 605-639-1648

Email: office@genesisschoolofnaturalhealth.org