

GENESIS

SCHOOL *of* NATURAL HEALTH

Course Catalog 2026-2027



Genesis School of Natural Health

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Creating Professionals

Our mission is to provide the public with competent, educated, and confident herbalists and holistic/natural health professionals. To accomplish this mission we provide students with an in-depth, comprehensive education in preparation for the numerous health challenges they will encounter. The herbalist training courses and natural health curriculum at Genesis is continually updated to give students the most current scientific knowledge and assessments. This is done without eroding the proven historical use of herbs and keen observation and listening skills.

Complex health issues have become a common theme in most communities. The rates of autoimmune disease, metabolic disorders, food sensitivities, and mood disorders increase greatly every year. To prepare our students for the challenge of modern health issues we have developed a 4-Phase Learning System backed by carefully selected books, manuals, and course study guides. Each phase of study builds on your body of knowledge – guided study that leads you down the path of understanding and the ability to apply the knowledge with success.

Our core diploma programs have been purposely designed to overlap in key study areas to provide an affordable opportunity to broaden your studies. The overlap includes specific books and manuals we believe are valuable for natural health professionals. Students may enroll in additional programs at any time (before or after graduation) with duplicate classes credited in full (you only take and pay for the classes you have not completed when you enroll in an additional diploma program).

Case Studies are an important component for training natural health students. Instead of hypothetical examples we use real client information (not their real names or residence). Real people have good and bad stress, varied diets and habits, current and past health challenges, family dynamics, and jobs/careers that will play a role in their health.

Our advanced study manuals include: Lyme Disease & Co-Infections; Immune Fundamentals & Autoimmune Disorders; Mental Health & Herbs; Parasites of Human Interest; Vitamins, Minerals, & Supplements; Blood Chemistry; and Nutrition.

Accreditation/Certification:

All of our diploma programs are professionally accredited through the AADP, AANWP, and the ANWPB. Therefore, graduates are prequalified for board certifications. The quality of our programs allows students to qualify for certification with many organizations. Additional information may be found on the website and on page 18 of this course catalog.

Our school's accreditation allows us to offer the use of "Certified" as part of any designation (i.e. Certified Master Herbalist, Certified Traditional Naturopath, etc.). Certified simply means that you completed a course that allows you to apply and receive board certification automatically.

Student Resources

Student Accounts: We have made arrangements with professional herbal and supplement companies for students who would like to sign up for their student accounts. Companies include Doctor's Research, MarcoPharma, Energetix, Professional Formulas, DesBio, and Systemic Formulas. Most of the companies also provide video, and seminar opportunities for continued education.

The Student Discussion Group is a private forum where students may ask questions, start discussions about various health issues, learn about herbal preparations, connect with like-minded students, and more.

Meet Our School Team

Sharlene Peterson, BS Biology, CMH, HHP, Traditional Naturopath

The Genesis School of Natural Health was founded by Sharlene in response to a growing need for competent natural health professionals. Those who have attained the depth of understanding that it takes to work beyond the mere presentation of symptoms.

Knowledge is not effective without understanding that many are afflicted with the same set of symptoms/diseases, yet the actual root cause is different. Sharlene has created multifaceted programs, educational materials, and a distinctive approach to disease to provide students with the tools they need to offer effective natural, holistic healthcare.

Darlene Jorgens, Educational and Aromatherapy Advisor

Darlene owns a natural health office in Elyria, Ohio, called THE HERBS & THE BEES, LLC which serves both her local community and an increasing number of people from out-of-state. Darlene has invested numerous hours into making Genesis a success. Aromatherapy notes and tests, setting up our online testing with ClassMarker, writing manuals, creating videos, and providing support and prayers is just a snippet of the many ways she has contributed to the success of the school and our student's education.

Carla Berg, Educational Advisor

Carla achieved rank of Lieutenant Commander, Supply Corps, in the United States Navy, after 20 years of active service. Upon military retirement in Northwest Arkansas, Carla spent ten years working and/or volunteering at the local state park. During this timeframe, Carla earned HHP/CMH/MH diplomas from Genesis School of Natural Health, and became a Natural Vision Teacher upon earning certificates with Visions of Joy and Better Eyesight Now.

Julie Alsaker, Functional Medicine Advisor

Julie is a Functional Blood Specialist; Nutrigenomic Advisor; Holistic Nutrition Consultant; and Traditional Doctor of Naturopathy/HHP. She has certifications in nutrition, naturopathy and functional medicine methodologies. Her focus is utilizing functional blood analysis and DNA analysis to discover the root cause of symptoms, and then applying natural and homeopathic remedies in conjunction with lifestyle changes to address the root cause.

Enjoy the Journey!

Sharlene Peterson
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Diploma Programs

- Master Herbalist (MH) / Certified Master Herbalist
- Clinical Master Herbalist (CMH) / Certified Clinical Master Herbalist
- Natural Health Consultant (NHC) / Certified Natural Health Consultant
- Natural Health Professional (NHP) / Certified Natural Health Professional
- Holistic Health Practitioner (HHP) / Certified Holistic Health Practitioner
- Traditional Naturopath (TN) / Certified Traditional Naturopath
- Traditional Doctor of Naturopathy - Qualifies for Board Certification with the AADP or the ANWPB.

Double-diplomas, because our programs have been designed to overlap, are an excellent way to add a deep understanding of herbalism to any natural health program. Students may enroll in additional programs at any time with duplicate classes credited in full. There is a price chart on the website for details.

Double-Diploma Programs

- Master Herbalist & Natural Health Consultant (MH, NHC)
- Master Herbalist & Natural Health Professional (MH, NHP)
- Clinical Master Herbalist & Traditional Naturopath or Traditional Dr. of Naturopathy (CMH, TN/TND)
- Clinical Master Herbalist & Holistic Health Practitioner (CMH, HHP)

*We do not have a MH & HHP or a MH & TN/TND because the classes in the HHP or TN/TND studies turn the MH into a CMH program.

Certificate Courses

We have a few certificate/short courses that will be available late 2026. For an updated list of certificate and short courses please visit our website.

Program Pricing

Natural Health Consultant (NHC) = \$1,975
Natural Health Professional (NHP) = \$2,975
Holistic Health Practitioner (HHP) = \$3,875
Traditional Naturopath (TN or TND) = \$4,725
Master Herbalist (MH) = \$1,625
Clinical Master Herbalist (CMH) = \$3,675

Double-Diploma Programs

MH & NHC = \$2,925
MH & NHP = \$3,475
CMH & HHP = \$4,575
CMH & TN/TND = \$5,375

Classes, Credit Hours, and Study Materials

Students are responsible for the purchase of required books. Books may change over time based upon availability or when different materials serve as better educational tools. All PDFs and videos are made available to enrolled students at no additional fee.

Advanced Knowledge Base		
G215: Anatomy & Physiology	4 credits	<i>Anatomy & Physiology</i> - OpenStax, Creative Commons; Rice University (PDF Download)
G575 Digestive Wellness	4 credits	<i>Digestive Wellness</i> (2019) 5th edition by Elizabeth Lipski
M230: Immune/Autoimmune	3 credits	<i>Immune System Fundamentals & Autoimmune Disorders</i> (2021) by Sharlene Peterson (PDF Download)
M240: Lyme Disease	2 credits	<i>Lyme Disease & Co-Infections</i> (2019) by Sharlene Peterson (PDF Download)
M250: Parasites	2 credits	<i>Parasites of Human Interest</i> (2019) by Sharlene Peterson (PDF Download)
M610: Blood Chemistry	3 credits	<i>Basic Blood Chemistry</i> (2018) by Sharlene Peterson (PDF Download)
G550 Natural Medicine	4 credits	<i>The Clinician's Handbook of Natural Medicine</i> (2016 3rd ed.) by Joseph Pizzorno
G700 Cancer Considerations	3 credits	<i>Cancer Unravelling: Insights in Naturopathic Oncology</i> by Neil McKinney, BSc, ND
HV20 Client Intake & Business	1 credit	Manual & PDFs by Sharlene Peterson
SG21-SG24 Case Studies #1 & #8	1-1.5 credits each	Client Case Studies

Naturopathic & Nutritional Studies		
G100: Autoimmune Epidemic	3 credits	<i>The Autoimmune Epidemic</i> (2009) by Donna Jackson Nakazawa
G110: GAPS	3 credits	<i>Gut & Psychology Syndrome</i> (2010 revised edition) by Dr. Natasha Campbell-McBride
NV10: Micronutrients & Hydration	1 credit	Micronutrients & Hydration (2025) by Sharlene Peterson (Video with PDF)
NV20: Macronutrients & Phytonutrients	2 credits	Macronutrients & Phytonutrients (2025) by Sharlene Peterson (Video with PDF)
NV30 Nutrition & Elimination Diets	2 credits	Nutrition & Elimination Diets (2025) by Sharlene Peterson (Video with PDF)
M200: Nutrition	1 credits	<i>Nutrition & Health</i> (2019) by Sharlene Peterson (PDF Download)
G320 Gerson Therapy	3 credits	<i>The Gerson Therapy</i> (2006) by Charlotte Gerson and Morton Walker
G325: Toxin Solutions	3 credits	<i>The Toxin Solution</i> (2017) by Dr. Joseph Pizzorno
M310: Vitamins & Minerals	3 credits	<i>Vitamins, Minerals, & Supplements</i> (2020) by Darlene Jorgens (PDF Download)
G500: Homeopathy	3 credits	<i>Homeopathic Medicine at Home</i> by Maesimund Panos
G560 Iridology	2 credits	<i>Modern Iridology: A Holistic Guide to Reading the Eye</i> (2023) by Sarah Donoghue

G530: Naturopathy	3 credits	<i>Naturopathy for the 21st Century</i> , (2001) by Robert J Thiel
G540 Reflexology	3 credits	<i>Complete Reflexology for Life</i> (2009) by Barbara & Kevin Kunz
AV12 Compassion Connection	1 credit	Compassion Connection - touch, gentle massage, for hands & feet and all ages (video)

Herbal Focus

M220 Menstruum & Math	0.5 credit	<i>Menstruum & Math for Herbalists</i> by Sharlene Peterson (PDF Download)
G350: Herbs & Physiology	4 credits	<i>Herbal ABC's: The Foundation of Herbal Medicine</i> (2018) by Dr. Sharol Marie Tilgner
G400: Herbal Medicine Making	3 credits	<i>The Herbal Medicine Maker's Handbook</i> (2000) by James Green
G415: Studies in Botany	3 credits	<i>Botany in a Day</i> (6th edition) by Thomas J. Elpel
G430: Women & Health	3 credits	<i>Women's Herbs Women's Health</i> (2007) by Christopher Hobbs & Kathi Keville
G480: Phytochemistry	4 credits	<i>Herbal Constituents: Foundations of Phytochemistry</i> (2021 2nd ed.) by Lisa Ganora
M600 Mental Health & Herbs	3 credits	<i>Mental Health & Herbs: A Functional Perspective</i> by Sharlene Peterson (PDF & Video)
M101 Herbal Adaptogens	0.5 credit	Short manual by Sharlene Peterson (PDF Download)
M103 Herbal Antivirals	0.5 credit	Short manual by Sharlene Peterson (PDF Download)
M105 Lung Health & Herbs	0.5 credit	Short manual by Sharlene Peterson (PDF Download)
M102 Teas & Infusions	0.5 credit	Short manual by Sharlene Peterson (PDF Download)
M104 Medicinal Infusions	0.5 credit	Short manual by Sharlene Peterson (PDF Download)

Essential Oils

A100: Healing Aromatherapy	3 credits	<i>The Healing Power of Essential Oils</i> (2018) by Eric Zielinski, D.C.
A125: Aroma & Herbs/ Pregnancy	2 credits	<i>Aromatherapy and Herbal Remedies for Pregnancy...</i> (2015) by Demetria Clark
A150: EO's and Caregivers	2 credits	<i>End-of-Life Care with Essential Oils</i> (2018) by Dr. Scott A. Johnson
A175: Artful Aromatherapy	3 credits	<i>The Art of Aromatherapy</i> (2004) by Robert Tisserand
A250: EO's & Acupressure	3 credits	<i>The Essential Step-by-step Guide to Acupressure with Aromatherapy</i> (2016) by Karin Parramore
A275: EO Professional	3 credits	<i>Aromatherapy for Health Professionals</i> (2019 5th Ed) by Shirley & Len Price, Penny Price
AV10 (video)	1 credit	The Difference between Essential Oils and Whole Herbs

Master Herbalist

18 Month Program

Requirements: 34.5 credit hours/552 study hours. Estimated time to complete this program is 18 months. Students must finish within 22 months. Tuition includes a \$250 non-refundable deposit/downpayment.

Tuition: \$1,625.00

Pay in Full and save 15%: \$1,381.25

Payment Plan: Tuition is \$1,625.00 and the deposit is \$250.00. Payments for the remaining \$1,375.00 will be \$137.50 for 10 months.

Payment Plan Military/First Responder: Tuition is \$1,381.25 (15% discount) and the deposit is \$250.00. Payments for the remaining balance of \$1,131.25 will be \$125.70 for 9 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 4 months

A125 Herbs/Aroma & Pregnancy	2
AV10 Herb vs Essential Oils	1
G415 Studies in Botany	3
G480-A Phytochemistry part #1	4
M250 Parasites of Human Interest	2
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 5 months

M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
G480-B Phytochemistry part #2	n/a
G480-C Phytochemistry part #3	n/a

Phase Three Studies

Estimated Time: 5 months

G480-D Phytochemistry part #4	n/a
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Four Studies

Estimated Time: 4 months

G480-E Phytochemistry part #5	n/a
M101 Herbal Adaptogens	0.5
M600 Mental Health & Herbs	3
G430 Women & Herbs	3
SG21 Client Case Studies #1 & #2	2
SG22 Client Case Studies #3 & #4	2

BONUSES

Client Intake & Business Resources
Blood Chemistry Manual

Natural Health Consultant

18-Month Program

Requirements: 39.5 credit hours/632 study hours. Estimated time to complete this program is 18 months. Students must finish within 22 months. Tuition includes a \$250 non-refundable deposit/downpayment.

Tuition: \$1,975.00

Pay in Full and save 15%: \$1,678.75

Payment Plan: Tuition is \$1,975.00 and the deposit is \$250.00. Payments for the remaining \$1,725.00 will be \$143.75 for 12 months.

Payment Plan Military/First Responder: Tuition is \$1,678.75 (15% discount) and the deposit is \$250.00. Payments for the remaining balance of \$1,428.75 will be \$129.89 for 11 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 4 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
M310 Vitamins & Minerals	3
G110 GAPS	3
G100 Autoimmune Epidemic	3

Phase Two Studies

Estimated Time: 5 months

G325 Toxin Solutions	3
M250 Parasites of Human Interest	2
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#1	n/a
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Three Studies

Estimated Time: 4 months

AV10 Herbs vs Essential Oils	1
A100 Healing Essential Oils	3
AV12 Compassion Connection	1
M101 Herbal Adaptogens	0.5
G430 Women & Herbs	3

Phase Four Studies

Estimated Time: 5 months

G575-A Digestive Wellness part #1 ...	4
G575-B Digestive Wellness part #2 ...	n/a
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2

BONUSES

Client Intake & Business Resources
Blood Chemistry Manual

Natural Health Professional

2-Year Program

Requirements: 54.5 credit hours/872 study hours. Estimated time to complete this program is 24 months. Students must finish the course studies within 28 months. Tuition includes a \$300 non-refundable deposit/downpayment.

Tuition: \$2,975.00

Pay in Full and save 15%: \$2,528.75

Payment Plan: Tuition is \$2,975.00 and the deposit is \$300.00. Payments for the remaining balance of \$2,675.00 will be \$167.19 for 16 months.

Payment Plan Military/First Responder: Tuition is \$2,528.75 (15% discount) and the deposit is \$300.00. Payments for the remaining balance of \$2,228.75 will be \$159.20 for 14 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 5 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
M310 Vitamins & Minerals	3
G110 GAPS	3
G215-A Anatomy & Physiology #1	4
G430 Women & Herbs	3
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 7 months

G215-B Anatomy & Physiology #2	n/a
G325 Toxin Solutions	3
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Three Studies

Estimated Time: 6 months

AV10 Herb vs Essential Oils	1
A100 Healing Aromatherapy	3
AV12 Compassion Connection	1
G540 Reflexology	3
M600 Mental Health & Herbs	3
M230 Immune/Autoimmune	3
G215-C Anatomy & Physiology #3	n/a

Phase Four Studies

Estimated Time: 6 months

G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
M250 Parasites of Human Interest	2
M610 Blood Chemistry	3
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2

BONUS

Client Intake & Business Resources

Holistic Health Practitioner

Students will complete 61.5 credit hours/984 study hours. The estimated time to complete the course studies is 28 months but students will have 32 months - an extra 4 months to allow for unexpected circumstances. Tuition includes a \$500 non-refundable deposit/downpayment.

Tuition: \$3,875.00

Pay in Full (save 15%): \$3,293.75

Payment Plan: Tuition is \$3,875.00 and the deposit is \$500.00. Payments for the remaining balance of \$3,375.00 will be \$168.75 for 20 months.

Payment Plan Military/First Responder: Tuition is \$3,293.75 and the deposit is \$500.00. Payments for the remaining balance of \$2,793.75 will be \$155.21 for 18 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 6 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
NV30 Functional & Elimination Diets ...	2
M310 Vitamins & Minerals	3
G215-A Anatomy & Physiology #1	4
G215-B Anatomy & Physiology #2	n/a
G325 Toxin Solutions	2
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 6 months

G215-C Anatomy & Physiology #3	n/a
M240 Lyme Disease	2
M250 Parasites of Human Interest	2
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5
M610 Blood Chemistry	3

Phase Three Studies

Estimated Time: 8 months

AV10 Herb vs Essential Oils	1
A100 Healing Aromatherapy	3
AV12 Compassion Connection	1
G540 Reflexology	3
M600 Mental Health & Herbs	3
M230 Immune/Autoimmune	3
G575-A Digestive Wellness part #1	4

Phase Four Studies

Estimated Time: 6 months

G430 Women & Herbs	3
G575-B Digestive Wellness part #2	n/a
G550-A Natural Medicine part #1	4
G550-B Natural Medicine part #2	n/a
G550-C Natural Medicine part #3	n/a
HV20 Client Intake & Business	1
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2
SG23 Client Case Studies #5 & #6	3

Clinical Master Herbalist

Requirements: 59.5 credit hours/952 study hours. Students must finish the course studies within 36 months (4 months longer than the estimated time of 32 months). Tuition includes a \$400 non-refundable deposit/downpayment.

Tuition: \$3,675.00

Pay in Full (save 15%): \$3,123.75

Payment Plan: Tuition is \$3,675.00 and the deposit is \$400.00. Payments for the remaining balance of \$3,275.00 will be \$163.75 for 20 months.

Payment Plan Military/First Responder: Tuition is \$3,123.75 and the deposit is \$400.00. Payments for the remaining balance of \$2,723.75 will be \$151.32 for 18 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 8 months

G430 Women & Herbs	3
G215-A Anatomy & Physiology #1	4
G215-B Anatomy & Physiology #2	n/a
NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
G415 Studies in Botany	3
M230 Immune/Autoimmune	3
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 8 months

M600 Mental Health & Herbs	3
G215-C Anatomy/Physiology #3	n/a
G480-A Phytochemistry part #1	4
G480-B Phytochemistry part #2	n/a
M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Three Studies

Estimated Time: 8 months

G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
G480-C Phytochemistry part #3	n/a
G480-D Phytochemistry part #4	n/a
G480-E Phytochemistry part #5	n/a
M240 Lyme Disease & Co-Infections	2
M250 Parasites of Human Interest	2
G325 Toxin Solutions	3

Phase Four Studies

Estimated Time: 8 months

G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
G550-A Natural Medicine part #1	4
G550-B Natural Medicine part #2	n/a
G550-C Natural Medicine part #3	n/a
HV20 Client Intake & Business	1
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2
SG23 Client Case Studies #5 & #6	3

Traditional Naturopath / Certified Traditional Naturopath

Requirements: 78.5 credit hours/1256 study hours. Students must finish the course studies within 50 months (4 months longer than the estimated time of 46 months). Tuition includes a \$600 non-refundable deposit/downpayment. The designation of Traditional Doctor of Naturopathy requires a final exam.

Tuition: \$4,725.00

Pay in Full and save 15%: \$4,016.25

Payment Plan: Tuition is \$4,725.00 and the deposit is \$600.00. Payments for the remaining balance of \$4,125.00 will be \$171.88 for 24 months.

Payment Plan Military/First Responder: Tuition is \$4,016.25 and the deposit is \$600.00. Payments for the remaining balance of \$3,416.25 will be \$155.28 for 22 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 11 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
NV30 Functional & Elimination Diets ...	2
M310 Vitamins & Minerals	3
AV10 Herb vs Essential Oils	1
A100 Healing Aromatherapy	3
G540 Reflexology	3
G215-A Anatomy & Physiology #1	4
G430 Women & Herbs	3
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 12 months

G215-B Anatomy & Physiology #2	n/a
M240 Lyme Disease	2
M250 Parasites of Human Interest	2
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M101 Herbal Adaptogens	0.5
M600 Mental Health & Herbs	3
G500 Homeopathy	3
G530 History of Naturopathy	3
G560 Iridology	2

Phase Three Studies

Estimated Time: 12 months

M230 Immune/Autoimmune	3
G215-C Anatomy & Physiology #3	n/a
G325 Toxin Solutions	3
M610 Blood Chemistry	3
G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Four Studies

Estimated Time: 11 months

G550-A Natural Medicine part #1	4
G550-B Natural Medicine part #2	n/a
G550-C Natural Medicine part #3	n/a
G700 Cancer Considerations	3
G320 Gerson Therapy	3
HV20 Client Intake & Business	1
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2
SG23 Client Case Studies #5 & #6	3
SG24 Client Case Studies #7 & #8	3

A Final Exam is required for the TND (Traditional Dr. of Naturopathy) designation.

Double-Diploma: Master Herbalist & Natural Health Consultant

Requirements: 58.5 credit hours/936 study hours. Estimated time to complete this program is 30 months. Students must finish within 34 months. Tuition includes a \$350 non-refundable deposit/downpayment.

Tuition: \$2,925.00

Pay in Full and save 15%: \$2,486.25

Payment Plan: Tuition is \$2,925.00 and the deposit is \$350.00. Payments for the remaining \$2,575.00 will be \$160.94 for 16 months.

Payment Plan Military/First Responder: Tuition is \$2,486.25 and the deposit is \$350.00. Payments for the remaining balance of \$2,136.25 will be \$152.59 for 14 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 6 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
M310 Vitamins & Minerals	3
G110 GAPS	3
G100 Autoimmune Epidemic	3
A125 Aroma & Herbs/Pregnancy	2
AV10 Herbs vs Essential Oil	1
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies

Estimated Time: 8 months

G415 Studies in Botany	3
G480-A Phytochemistry part #1	4
G480-B Phytochemistry part #2	n/a
M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5
G430 Women & Herbs	3

Phase Three Studies

Estimated Time: 8 months

A100 Healing Essential Oils	3
AV12 Compassion Connection	1
G575-A Digestive Wellness part #1 ...	4
G575-B Digestive Wellness part #2 ...	n/a
M600 Mental Health & Herbs	3
G325 Toxin Solutions	3
G480-C Phytochemistry part #3	n/a

Phase Four Studies

Estimated Time: 8 months

G480-D Phytochemistry part #4	n/a
G480-E Phytochemistry part #5	n/a
M250 Parasites of Human Interest	2
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#1	n/a
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2

BONUSES

Client Intake & Business Resources
Blood Chemistry manual

Double-Diploma: Master Herbalist & Natural Health Professional

Requirements: 69.5 credit hours/1112 study hours. Estimated time to complete this program is 30 months. Students must finish within 34 months. Tuition includes a \$350 non-refundable deposit/downpayment.

Tuition: \$3,475.00

Pay in Full and save 15%: \$2,953.75

Payment Plan: Tuition is \$3,475.00 and the deposit is \$350.00. Payments for the remaining \$3,125.00 will be \$156.25 for 24 months.

Payment Plan Military/First Responder: Tuition is \$2,953.75 and the deposit is \$350.00. Payments for the remaining balance of \$2,603.75 will be \$144.65 for 18 months. The discount is for past or present service and includes the spouse.

Phase One Studies

Estimated Time: 7 months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
M310 Vitamins & Minerals	3
G110 GAPS	3
AV10 Herbs vs Essential Oil	1
A125 Aroma & Herbs/Pregnancy	2
G215-A Anatomy & Physiology #1	4
M250 Parasites of Human Interest	2
G430 Women & Herbs	3
M101 Herbal Adaptogens	0.5

Phase Two Studies

Estimated Time: 9 months

G415 Studies in Botany	3
G480-A Phytochemistry part #1	4
G480-B Phytochemistry part #2	n/a
M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
G215-B Anatomy & Physiology #2	n/a
M230 Immune/Autoimmune	3
M103 Antiviral Herbs	0.5
M105 Lung Health & Herbs	0.5

Phase Three Studies

Estimated Time: 9 months

A100 Healing Essential Oils	3
AV12 Compassion Connection	1
G540 Reflexology	3
G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
G215-C Anatomy & Physiology #3	n/a
G325 Toxin Solutions	3
M600 Mental Health & Herbs	3
G480-C Phytochemistry part #3	n/a

Phase Four Studies

Estimated Time: 9 months

M610 Blood Chemistry	3
G480-D Phytochemistry part #4	n/a
G480-E Phytochemistry part #5	n/a
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#1	n/a
SG21 Client Case Studies #1 & #2.....	2
SG22 Client Case Studies #3 & #4	2

BONUS

Client Intake & Business Resources

Double-Diploma: Clinical Master Herbalist & Holistic Health Practitioner

Requirements: 75.5 credit hours/1208 study hours. Estimated time to complete this program is 40 months. Students must finish the course studies within 44 months. Tuition includes a \$600.00 non-refundable deposit/downpayment.

Tuition: \$4,575.00

Pay in Full and save 15%: \$3,888.75

Payment Plan: Tuition is \$4,575.00 and the deposit is \$600.00. Payments for the remaining balance of \$3,975.00 will be \$165.63 for 24 months.

Payment Plan Military/First Responder: Tuition is \$3,888.75 and the deposit is \$600.00. Payments for the remaining balance of \$3,288.75 will be \$164.44 for 20 months. The discount is for past or present service and includes the spouse.

Phase One Studies - 9 Months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
M310 Vitamins & Minerals	3
G215-A Anatomy & Physiology #1	4
G215-B Anatomy & Physiology #2	n/a
G215-C Anatomy & Physiology #3	n/a
G430 Women & Herbs	3
M600 Mental Health & Herbs	3
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies - 11 Months

G325 Toxin Solutions	3
M240 Lyme Disease	2
M250 Parasites of Human Interest	2
G480-A Phytochemistry part #1	4
G480-B Phytochemistry part #2	n/a
G415 Studies in Botany	3
M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
M103 Antiviral Herbs	0.5

Phase Three Studies - 10 Months

G480-C Phytochemistry part #3	n/a
G480-D Phytochemistry part #4	n/a
G480-E Phytochemistry part #5	n/a
AV10 Herb vs Essential Oils	1
A100 Healing Aromatherapy	3
AV12 Compassion Connection	1
G540 Reflexology	3
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M230 Immune/Autoimmune	3
M105 Lung Health & Herbs	0.5

Phase Four Studies - 10 Months

G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
NV30 Functional & Elimination Diets ...	2
G550-A Natural Medicine part #1	4
G550-B Natural Medicine part #2	n/a
G550-C Natural Medicine part #3	n/a
M610 Blood Chemistry	3
SG21 Client Case Studies #1 & #2	2
SG22 Client Case Studies #3 & #4	2
SG23 Client Case Studies #5 & #6	3
HV20 Client Intake & Business	1

Double-Diploma: Clinical Master Herbalist & Traditional Naturopath

Requirements: 91.5 credit hours/1464 study hours. Estimated time to complete this program is 48 months. Students must finish the course studies within 52 months. Tuition includes a \$650.00 non-refundable deposit/downpayment.

Tuition: \$5,375.00

Pay in Full and save 15%: \$4,568.25

Payment Plan: Tuition is \$5,375.00 and the deposit is \$650.00 Payments for the remaining \$4,725.00 will be \$189.00 for 25 months.

Payment Plan Military/First Responder: Tuition is \$4,568.25 and the deposit is \$650.00. Payments for the remaining balance of \$3,808.75 will be \$158.70 for 24 months. The discount is for past or present service and includes the spouse.

Phase One Studies - 12 Months

NV10 Macronutrients & Hydration	2
NV20 Micro & Phytonutrients	2
NV30 Functional & Elimination Diets	2
M310 Vitamins & Minerals	3
G215-A Anatomy & Physiology #1	4
G215-B Anatomy & Physiology #2	n/a
G215-C Anatomy & Physiology #3	n/a
G430 Women & Herbs	3
M600 Mental Health & Herbs	3
G325 Toxin Solutions	3
M250 Parasites of Human Interest	2
M101 Herbal Adaptogens	0.5
M102 Herbal Infusions & Teas	0.5
M104 Medicinal Infusions	0.5

Phase Two Studies - 12 Months

G480-A Phytochemistry part #1	4
G480-B Phytochemistry part #2	n/a
G415 Studies in Botany	3
M220 Menstruum & Math.....	1
G400 Herbal Medicine Making	3
SG31 Herbal Preparation Projects	2
M103 Antiviral Herbs	0.5
M240 Lyme Disease	2
G500 Homeopathy	3
G530 History of Naturopathy	3

Phase Three Studies - 12 Months

G480-C Phytochemistry part #3	n/a
G480-D Phytochemistry part #4	n/a
G480-E Phytochemistry part #5	n/a
AV10 Herb vs Essential Oils	1
A100 Healing Aromatherapy	3
AV12 Compassion Connection	1
G540 Reflexology	3
G350-A Herbs & Physiology part#1	4
G350-B Herbs & Physiology part#2	n/a
M230 Immune/Autoimmune	3
G560 Iridology	2
M105 Lung Health & Herbs	0.5

Phase Four Studies - 12 Months

G575-A Digestive Wellness part #1	4
G575-B Digestive Wellness part #2	n/a
G700 Cancer Considerations	3
G320 Gerson Therapy	3
G550-A Natural Medicine part #1	4
G550-B Natural Medicine part #2	n/a
G550-C Natural Medicine part #3	n/a
M610 Blood Chemistry	3
SG21 Client Case Studies #1 & #2	2
SG22 Client Case Studies #3 & #4	2
SG23 Client Case Studies #5 & #6	2
SG24 Client Case Studies #7 & #8	3
HV20 Client Intake & Business	1

Accreditation/Board Certification

When a student has completed all the program requirements and receives a diploma from a non-traditional school (not a state college or university) they are eligible to apply for Boards & Certifications by a professional group – it is not required to work as an herbalist or other natural health professional. All of our diploma programs are professionally accredited through the AADP, AANWP, and the ANWPB.

Certification is a voluntary process. Voluntary means that it is not required by law and it is not required or needed to work in the field of natural health. It means that you want a certificate that says you are board certified and you are willing to apply, pay, and maintain the certification. Certification is not a permission to act, but rather a statement of completion or qualification. Certification is a private matter, issued by a private organization. It does not involve regulation of the state.

AADP: [American Association of Drugless Practitioners](#)

All of our programs are prequalified for Board Certification. AADP does not require exams or continuing educational units (CEU). You may be Board Certified with the AADP as a Traditional Doctor of Naturopathy without taking an exam.

AANWP: [American Association of Natural Wellness Practitioners](#)

All of our programs are prequalified for Board Certification. If a designation (such as Clinical Master Herbalist) is not on their list, AANWP will give you a custom board certification title. No exams or are required and they do not require continuing educational units (CEU). This includes the use of the Traditional Naturopath (TN) designation but not the use of the term "Doctor" in the designation.

ANWPB: [American Natural Wellness Practitioners Board](#)

The ANWPB is part of the AANWP. The ANWPB is only for those who wish to be Board Certified with the use the term "Doctor" – Traditional Doctor of Naturopathy. Members are required to take an exam and submit 12 CEU's per year.

Most Frequently Asked Questions

- Can I freely practice as an Herbalist?
- What ALL Natural Health Professionals Do and What We Don't Do?
- What is Traditional Naturopathy?
- Can I practice Naturopathy anywhere after receiving my diploma from Genesis?
- Will my transcripts be accepted at other schools for credit?

May I freely practice as an Herbalist?

Absolutely. Presently, there exists no licensure in the United States for Herbalists. They can freely practice, as long as they do not diagnose or treat or violate any laws in your state that pertain to "practicing medicine - presenting yourself as a doctor" or "nutritional counseling - presenting yourself as a dietician or nutritionist".

What Natural Health Professionals Do and What We Don't Do:

- We do not diagnose disease. We analyze and evaluate conditions, symptoms, and lifestyle habits. We do not claim to be a doctor or dietician/nutritionist. We are natural health professionals, herbalists, holistic health professionals...
- We do not treat a specific disease. We focus on healing the entire body naturally. We address or remove the root causes and practice the healing power of nature. We take a holistic approach to support the whole person. We teach, guide, and encourage.
- We do not prescribe drugs. We depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of whole foods and herbs and practice "do not harm".
- We maintain the highest standard of professional and personal conduct and abide by all state and local laws.
- We are willing to consult and seek the talents of other health professionals when needed. We do not practice beyond our ability and we are up to date on all information given to our clients.

What is Traditional Naturopathy?

"Naturopathy is a philosophy which encompasses a view of life, a model for living a full life. The word naturopathy is a Latin-Greek hybrid which can be defined as 'being close to or benefiting from nature.'" — Stewart Mitchell, *Naturopathy: Understanding the Healing Power of Nature* A Traditional Naturopath does not treat or diagnose "diseases". They do teach and encourage lifestyle changes like diet, exercise, and sleep. Traditional Naturopaths support the body's natural healing processes with natural healing approaches.

Can I practice Naturopathy anywhere after receiving my diploma from Genesis School of Natural Health?

We teach traditional naturopathy which is a natural health art recognized in all 50 states except South Carolina and Tennessee. Since traditional naturopaths do not diagnose or treat they can legally exercise their practice. It is not to be confused with naturopathic medicine that Naturopathic Physicians practice, they are licensed in about 19 states to diagnose and treat. [See **www.anma.org** for details on state legislations.](http://www.anma.org)

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

Can I legally give individual nutritional counseling?

As of writing, 23 states require a state license for nutritional counseling, the others do not. All nutritionists can educate, give general natural health guidance and sell nutritional products.

Interaction with clients will involve conversations about food and drink choices regardless of whether you are designated as a HHP, TN, NHC, NHP, MH, or CMH. Know your state laws so your language is correct when helping clients and developing written materials like brochures. It is not what you do, it is what you say and write that can get you in trouble.

Practicing herbalists MUST review the scope of the nutrition law in their state including all exceptions and exemptions to assess whether they are legally able to use nutrition tools in their practice. Seeking legal advice may help to determine whether laws governing nutrition care would be violated by the use of nutrition tools in an herbalist practice." - <http://www.nutritionadvocacy.org/laws-state#78>

Will my transcripts be accepted at other schools for credit?

It depends on the school. Genesis does not have government accreditation (this is the same for most natural health online programs including Trinity, New Eden, and many more). Professional accreditation is recognition by professionals which is not the same as a government accredited college or university.

Licensure

A few states require a license to work in specific areas of the natural health field. Genesis School of Natural Health does not meet the educational requirement of any state where a license is required. It is the student's responsibility to find out the individual requirements of your state so you are in compliance with their laws.

Our online distance learning programs lead to non-traditional diplomas and designations. Genesis School of Natural Health does not have, nor do we plan to seek accreditation through the U.S. Department of Education. We do not offer "degrees". The name implies that the credits can transfer to government accredited schools and I find that misleading. We offer professional diplomas to recognize and verify your many hours of study and completion of our program.

We do not offer a Doctor of Naturopathy (ND) diploma or degree. It is called Traditional Naturopath or you may choose Certified Traditional Naturopath.

Prerequisites

We prefer a minimum of a high school diploma or GED to enroll in any program at Genesis but the ability and desire to learn is more important. If a student is from outside the U.S. we will need a description of your educational background. Students are NOT required to have a college degree. Genesis School of Natural Health has a nondiscriminatory policy. We do not discriminate period! We exist to teach and train all those interested in the field of natural health.

Tests, Projects, and Study Groups

Tests are open book and multiple choice and true/false. The purpose of testing is for emphasizing information and ensuring that each student has read the required materials. Projects are graded as a pass or fail. If a project is not adequate the student will be given additional instructions before resubmitting the project. There are currently two online Study Group classes led by Sharlene Peterson. They are offered quarterly. Sharlene Peterson will also be leading an optional Open-Discussion meeting which meets every 6-8 weeks.

Distance Education Requirements

1. You should have basic computer skills - you will need to know how to use email, attach files, access the Internet, download documents, and how to utilize word processing.
2. Students should have a computer and printer.
3. A personal email address is required - this must not be a shared email with a spouse or other family members. If your email contact changes you must notify us immediately - send us an email using your new address with the Subject stating "NEW EMAIL ADDRESS".

Application, Registration and Fees

Enrolling at Genesis School of Natural Health requires a nonrefundable deposit/downpayment. This automatically enrolls you (registers you) as a student with access to the student portal.

After registration you will receive a Welcome Letter via email with your Student ID #, passwords, and all the information you will need to get started. We do require a completed Student Profile and a small photograph via email for each student's file. The information in the Student Profile and the picture are for office use only - we will not publish or share student information with anyone.

All textbooks purchases are the responsibility of the student and are available at many online bookstores. We do provide several downloadable manuals and videos that are included in the tuition. An installment plan for all programs is available. Credit cards, personal checks, and money orders are accepted for tuition payment and must be in U.S. Dollars. Genesis does not participate in Federal or State financial aid programs.

Refund Policy

Students who withdraw from their program of study within the first 30 days will receive a full refund on the tuition paid for their program, minus the nonrefundable application fee (the deposit/downpayment) and the fee for any completed courses.

Payments/Payment Plans

If you have given Genesis School of Natural Health authorization to process your credit card we will continue to do so until the full tuition is paid. If the credit card is declined and the student does not respond to updating the credit card information we will mail and email an invoice for the entire balance. **You are entering into a contract and are responsible for paying the full invoice unless you withdraw within 30 days.**

Transfer of Credits

Transfer of credits/classes from another school is allowed but it will be done on an individual basis. There are no fees for the transfer of classes - we are pleased that you have chosen to continue your education at our school.

Time Limit for the Programs

There is no set time in which the student must complete any individual phase of learning; however, the student must complete the entire program within the time limit stated under the description for each diploma program.

Extension or Leave of Absence

A leave of absence that may lead to a need for an extension of time **must be in writing** - email us so we may make a note in your file. Simply not doing the work and contacting us a year later is not acceptable. If a student is unable to complete a program within the time limit they may request an extension. The Extension request will be reviewed on an individual basis and the student will be notified of the decision made. **All Extensions have a time limit of one year.**

Grading Scale

90-100% (A); 80-89% (B); 75-79% (C)

If a student receives a grade below 75% arrangements will be made through the Student Administrator to determine if full retesting is required or if there was an area within the testing that needs clarification and a partial retest is sufficient. We want to see you succeed both in the classroom and professionally in the future.

Graduation Requirements, Diplomas, and Transcripts

A student will be eligible for graduation and receive their diploma(s) when the following conditions are fulfilled:

1. Student has completed all required courses and credit hours
2. Student has received a 80% or better in each classes; and
3. Student has met all financial obligations.

Thank you for considering Genesis School of Natural Health!

Contact Genesis School of Natural Health

Phone: 605-639-1648

Email: office@genesisschoolofnaturalhealth.org