

**Name:**

**Student ID#:**

**Date:**

**Student Portal:** <http://genesisschoolofnaturalhealth.org/student-portal>

**SP User Name:**

**SP Password:**



Welcome and congratulations on your acceptance to the Genesis School of Natural Health. As a new student you are bound to have questions. We will try to answer many of them in this letter but if you have any questions please call, text, email, or use the contact form on the website.

## First Emails

1. Your first email will contain your Student ID# (on this letter) and your invoice or payment schedule.
2. Your second email will contain your Username and Password for the Student Portal.
3. You will also receive an email asking you to confirm your “subscription”, Our system requires confirmation to add you to our email database (protects against spamming).

## First Steps

1. Make a Folder on your computer desktop to hold your tests, notes, and other saved files from the Student Portal. This is also a great place to keep your completed tests.
2. Make sure you have an updated version of Adobe Reader - this is free and all of the tests and materials will be PDF documents.
3. Login to the student portal to view the requirements in your first phase of study. If you have any issues with your username or password just give us a call.

## Your Student Portal

As self-study students you will become independent learners, studying actively to learn from books and lectures. Your studies are divided into four phases. Each phase includes the books you need to read, tests you need to complete, and online study group classes you need to attend.

The student portal also contains links to the best place to buy the books, links to the online class/study group schedule, student resources, EAV/EDS information, blog posts, and the FaceBook group page.

### BOOKS & TESTS

Your studies are arranged in four phases and each phase builds upon the previous phase. Start by choosing 2-3 books listed in Phase One. You need to finish reading the books and turning in the tests for phase one before moving on to phase two.

We do not have a bookstore at this time but we do have a page with links to the easiest and best prices for books. Feel free to look around, there are many online bookstores!



Download the PDF tests for the books you have purchased by clicking on the test link. If you move your cursor towards the bottom of the PDF page you will see a download icon show up or you can download/export using your browser menu. **You must download the PDF to your computer to fill in the answers and save it.** You don't have to answer all the questions at once. You can fill out some of the questions, save before closing, and finish the rest at a different time.

Megan Lackey will be grading your tests, keeping track of your progress, and helping you with any questions. **All tests should be emailed directly to Megan at [healthschool@icloud.com](mailto:healthschool@icloud.com)**

### ANATOMY & PHYSIOLOGY

A common frustration is getting through the Anatomy and Physiology book. Please do not try to memorize everything, you have the book as a resource. Do not worry about understanding every little detail! We need to understand how the body works but we will not need to know the name of the inside wall of the capillary to properly use herbs that increase circulation. So, read a chapter or section and then fill in that part of the test. We have included a few notes within the test to emphasize some key points.

Many students have found it helpful to read other books while reading the A&P. They would read a chapter or two and fill in the test questions and then start on another book and test. Do chunks at a time. Don't try to memorize the book. Don't worry if you don't understand every word. The Functional Anatomy study group class will help you understand the link between nutrients and body function.

## ONLINE STUDY GROUP CLASSES

Current online classes include Nutrition & Health, Functional Anatomy, Parasites of Human Interest, Case Studies #1, Case Studies #2, Autoimmune Diseases, and Lyme Disease.



You only need to attend the classes listed within your diploma program and you only need to attend the class one time. Some students attend classes more than once. **We do ask that you only sign up for the online class listed in your phase of study.**

Each month we will post the schedule of online classes on the student portal. Classes are usually scheduled at 10:30 am MT on Tuesdays, Thursdays, and Saturdays. I rotate the classes so, if Anatomy was on Tuesday in April it would be on Thursday or Saturday the next month. Classes are occasionally scheduled in the afternoon.

Sometimes a student will finish reading the books and taking the tests in a phase of study but the online class they need didn't fit into their schedule. **When that happens, start reading the books in the next phase and attend the online class when it is offered on the day that you are able to attend.** If you are getting behind do contact us and we will try to schedule the class you need on the day and time you are able to attend.

## SIGNING UP FOR STUDY GROUP CLASSES

When you are logged on to the student portal you will see the study group class or classes you need to attend. Click on the link for the Study Group Schedule. If the class or classes you need fit your schedule, go to the bottom of the page and fill in the sign-up form.

When we get your sign-up form we put you on the attendance list. There will be no confirmation email after signing up for the class. When it is time for class you simply click on the login link located under the name, date, and time of the class on the Study Group Schedule page. Please sign up at least three days before class. If no one has officially signed up for the class, Sharlene will not login and it is a cancelled class.

### Example:



SG22 Case Studies #2  
February 11th, Saturday 10:30 am MT  
Login with GoToMeeting:  
<https://global.gotomeeting.com/join/743065957>

## STUDENT PROFILE

The Student Profile has a dual purpose. It helps us know a little about you while encouraging you to write down your goals. If you have clear goals it will help motivate you when life is busy and studying is hard. Goals should be placed where you can see them, read them often, and update them as needed.



## STUDENT RESOURCES

- **Student Accounts:** We have made arrangements with professional herbal and supplement companies so you may sign up for a student account. Marco Pharma, Systemic Formulas, DesBio, Energetix, and Professional Formulas also provide many written, video, and seminar opportunities for continued education.
- **Student Projects:** PDF formats of articles and blogs, herbal references, herbal projects, video blogs/vlogs, and more.
- **Recommended Reading:** PDF formats of professional studies and research papers on various subjects including herbs, supplements, disease conditions, and more.
- **Recommended Books:** Some of our favorite books and books that students have found helpful.

## ORDERING BOOKS

We have included links to websites where you may order your books. They should be the best prices but, always check other websites if they exceed the price range listed.

## FaceBook Group Opportunity



The FaceBook Group page is not a place for informational posts. It is specifically for group discussions about natural health issues. Sharlene Peterson, approves the members, all posts, and participates in the group discussions. Only members are able to view and comment on the group page. This is a wonderful way to increase and share your knowledge. **FaceBook Group:** [facebook.com/groups/healthatgenesis](https://www.facebook.com/groups/healthatgenesis)

We looking forward to working with you every step of the way to ensure your success in the field of natural health!

**Enjoy the Journey,**  
**Sharlene Peterson, President and Educational Administrator**  
**[contact@genesisschoolofnaturalhealth.org](mailto:contact@genesisschoolofnaturalhealth.org)**