



## **Course Catalog 2017-2018**

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# Welcome to Genesis School of Natural Health

## Creating Professionals

The mission of the Genesis School of Natural Health is to provide the public with competent, educated, and confident natural health professionals. We offer superior course materials in the form of up to date book selections, testing, teacher-led online study groups, and a 4-Phase Learning System.

Our 4-Phase Learning System guides each student through the learning process of understanding and interpretation. Each phase builds upon the previous phase. The first phase covers functional anatomy, it is important to understand how the body functions before you can determine which herbs, supplements, or nutritional changes will benefit your client. Each phase will include required readings, teacher-led Study Groups, and Client Case Studies.

Teacher-led Study Groups provide an opportunity to clarify and expand on the knowledge gained from the required readings. These study groups will incorporate Client Case Studies for the purpose of developing critical thinking and client communication skills. Case studies are an excellent tool for learning how to apply herbs, homeopathics, nutrition, and other natural healing methods to specific individuals. The teacher-led Study Groups are what set us apart and it is pivotal in fulfilling our mission of creating professionals.

We offer 4 natural health diploma programs, 3 double-diploma programs, and a certificate in herbalism. Students may decide to enroll in additional programs at any time with duplicate classes credited in full.

**New:** FaceBook Group for anyone interested in discussing health issues and research. This is a discussion group! Sharlene approves the members and any posts (primarily questions about health issues and protocols). Join our group at: [www.facebook.com/groups/healthatgenesis/](http://www.facebook.com/groups/healthatgenesis/)



*I am looking forward to the journey,*  
**Sharlene Peterson, BS Biology, MH, HHP**  
**President and Educational Coordinator**



**Megan Lackey, Student Administrator**  
**Phone: 775-385-3242**

## Diploma Programs

Master Herbalist (MH)  
Natural Health Consultant (NHC)  
Holistic Health Professional (HHP)  
Doctor of Traditional Naturopathy (TND)

## Certificate Program

Certificate in Herbalism

## Double Diploma Programs

Master Herbalist & Natural Health Consultant (MH, NHC)

Master Herbalist & Holistic Health Professional (MH, HHP)

Master Herbalist & Doctor of Traditional Naturopathy (MH, TND)

**When choosing a double diploma program ALL book credits earned in one degree transfer to the other. This results in significant savings while expanding your education.**

## Courses and Credit Hours

### Advanced Knowledge Base

G100 Autoimmune .....	3
G110 Gut & Psychology Syndrome ....	3
G120 A Look at Cancer .....	3
SG23 Autoimmune Diseases .....	2
SG24 Lyme Disease .....	2
SG25 Human Parasites of Interest .....	2

### Biological and Nutritional Studies

G210 Anatomy & Physiology .....	4
G300 Disease Prevention .....	3
G310 Vitamins, Minerals, and Herbs ...	3
G320 Nutrition During Illness .....	3
SG10 Functional Anatomy .....	2
SG20 Nutrition & Health .....	2

### Herbal Approaches

G400 Herbal Preparations .....	3
G420 Men and Herbs .....	3
G430 Women and Herbs .....	3
G440 Properties and Formulas .....	4
G450 Chinese Medicine and Herbs .....	4
G460 Medical Herbalism .....	4
SG30 Herbal Reference Project .....	3
SG31 Herbal Preparation Projects .....	2

### Natural Alternatives

G500 Homeopathy .....	3
G510 Bach Flowers .....	3
G520 Aromatherapy .....	3
G530 History of Naturopathy .....	3
G540 Reflexology .....	3

### Analytical Methods

G600 Kinesiology .....	3
G610 Blood Chemistry .....	2

### Business

G800 Business Book .....	2
SG80 Business Resources.....	0

### Case Studies

SG21 Client Case Studies #1 .....	2
SG22 Client Case Studies #2.....	2

### Pathology Research Projects

SG84 Pathology #1 .....	4
SG85 Pathology #2 .....	6

**Doctoral Dissertation (SG90) .....** 15

**All courses with the SG prefix are study group sessions or projects.**

## Required Reading/Books

Books may change over-time based on availability or when a new book find serves as a better educational tool.

### Advanced Knowledge Base

G100 **The Autoimmune Epidemic** (2009): Donna Jackson Nakazawa

G110 **Gut & Psychology Syndrome** (2010 revised edition): Dr. Natasha Campbell-McBride

G120 **Never Fear Cancer Again** (2011) Raymond Francis

### Biological and Nutritional Studies

G210 **Anatomy and Physiology, 11th ed.** (2010): Ross and Wilson

G300 **Never Be Sick Again** (2002): Raymond Francis

G310 **The Natural Physicians Healing Therapies** (2010): Mark Stengler

G320 **The Gerson Therapy** (2006): Charlotte Gerson and Morton Walker

### Herbal Approaches

G400 **The Herbal Medicine Maker's Handbook** (2000): James Green

G420 **The Male Herbal** (2nd Ed., 2007): James Green

G430 **Women's Herbs Women's Health** (2007): Christopher Hobbs & Kathi Keville

G440 **School of Natural Healing** (Centennial Ed.): Dr. John R. Christopher

G450 **A Clinical Materia Medica: 120 Herbs in Western Use** (2010): Jeremy Ross

G460 **Medical Herbalism** (2003): David Hoffmann

### Natural Alternatives

G500 **Homeopathic Medicine at Home** (1981): Maesimund Panos, Jane Heimlichm, & Robert Mendelsohn

G510 **A Study Course in the Bach Flower Remedies** (2005): Stefan Ball

G520 **Advanced Aromatherapy** (1998): Kurt Schnaubel

G530 **Naturopathy for the 21st Century** (2001): Robert J Thiel

G540 **Complete Reflexology for Life** (2009): Barbara & Kevin Kunz

### Analytical Methods

G600 **Kinesiology DVD: Muscle Testing for Your Health** by David J. Getoff

G610 **Blood Chemistry Manual**: Written by Sharlene Peterson, Download

### Business

G800 **Starting a Business as a Natural Health Consultant** (2011): Kay K. Larson

## Study Groups & Projects

- SG10 **Functional Anatomy:** This class is primarily focused on function. We will discuss what takes place in the body as a whole and answer questions like: How does the function of the liver affect sex hormones? How does the removal of the gallbladder affect fat-soluble vitamins? What minerals are required for thyroid function?
- SG20 **Nutrition & Health:** How do we help our clients make necessary diet changes? Is there a perfect diet for everyone? Learn about the top foods to avoid during illness and why it is important.
- SG21-SG22 **Client Case Studies:** There are dozens of questions that you can and should ask your client. While many of the questions will be on the symptom survey form this form should serve as a starting point. During our study groups you will learn how to determine which additional questions to ask and how they relate to what your client may need. We will discuss the herbs, supplements, homeopathics, and diet changes that may benefit the client.
- SG23 **Autoimmune Diseases:** With dozens of diseases now categorized as autoimmune this is an important study. It is vital that natural health professionals explore the many paths that may lead to a dysfunctional immune system.
- SG24 **Lyme Disease:** A growing issue across the US is the prevalence of *Borrelia burgdorferi* and co-infections with *Babesia microti*, and mycoplasmas. We will be exploring which herbs, nutritional support and homeopathics have the greatest success rates.
- SG25 **Human Parasites of Interest:** Parasites are very common. A quick internet search for detox formulas and parasite formulas will bring up thousands of websites with many claims. But what is a parasite? We will explore the most common species of parasites and discuss the remedies as well as how to heal the damage that they cause.
- SG30 **Herbal Reference Project:** This study-group project will become a valuable reference guide for your office. It is a simple system that expands with your knowledge about herbs.
- SG31 **Herbal Preparation Projects:** Learning how to use fresh or dried herbs and a few simple ingredients to create your own formulas will spark your creativity and confidence. You will be able to choose the 2 projects that interest you the most.
- SG80 **Business Building Resources:** We have several downloads to help with the many details of building a business. These downloads include topics such as inventory, software, social marketing, client symptom forms, follow-up protocols and more.
- SG84-SG85 **Pathology Research Projects:** Students will choose 4 or 6 diseases for this report. Pathology includes the causes, symptoms, prognosis, standard medical treatment and natural remedies. If cause(s) are unknown you will need to find the "possible suspects". References required and each illness/disease should be two pages long.
- SG90 **Dissertation:** The dissertation will consist of four complete client assessments. A symptom form, additional questions, observations, supplement, herb, and homeopathic recommendations, and why you chose the specific items.

# MASTER HERBALIST (MH) PROGRAM

You will be studying the sweet, bitter, cool, and hot herbs that have been used for centuries. Studies include disease prevention and functional anatomy because the art of combining herbs is linked to understanding how our body responds and functions. Our Master Herbalist program is designed for students who desire to work as a professional in an office setting. This program makes you eligible to apply for Board Certification.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.net](http://www.aadp.net)

**Requirements** include 9 books, 2 projects, and 4 Study Groups. Estimated time to complete this program is 16 months. 45 credit hours/720 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$1,800 (includes \$150 non-refundable application fee).

**Installments:** \$1,900 (\$150 non-refundable application fee as a down payment and \$125.00 per month for 14 months).

## Phase One Studies

**Estimated Time: 4 months**

<b>G210</b> Anatomy & Physiology .....	4
<b>G310</b> Vitamin, Minerals, and Herbs .....	3
<b>G400</b> Herbal Preparations .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2

## Phase Two Studies

**Estimated Time: 4 months**

<b>G440</b> Properties & Formulas .....	4
<b>G460</b> Medical Herbalism .....	4
<b>SG30</b> Herbal Reference Project .....	3
<b>SG20</b> Study Group: Nutrition .....	2
(Class Notes: <u>Nutrition &amp; Health</u> .....	2

## Phase Three Studies

**Estimated Time: 4 months**

<b>G450</b> Chinese Medicine & Herbs .....	4
<b>G430</b> Women & Herbs .....	3
<b>SG21</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles #1</u> ) .....	2

## Phase Four Studies

**Estimated Time: 4 months**

<b>G600</b> Kinesiology .....	3
<b>G800</b> Business Book .....	2
<b>SG25</b> Study Group: Parasites .....	2
<b>SG80</b> Business Building Resources .....	0

## NATURAL HEALTH CONSULTANT (NHC) PROGRAM

A Natural Health Consultant uses all available information on lifestyle, health background, diet, and health challenges to determine the needs of men, women, and children. Recommendations may include diet changes, herbs, vitamins, homeopathics, and other methods to help the client's body regain balance and health. This program makes you eligible to apply for Board Certification.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.net](http://www.aadp.net).

Requirements include 9 books, 1 project, and 4 Study Groups. Estimated time to complete this program is 12 months. 37 credit hours/592 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$1,480 (includes \$150 non-refundable application fee).

**Installments:** \$1,580 (\$150 non-refundable application fee as a down payment and \$119.16 per month for 12 months).

### Phase One Studies

**Estimated Time: 3 months**

**G210** Anatomy & Physiology ..... 4  
**G300** Disease Prevention..... 2  
**SG10** Study Group: Functional Anatomy  
(Class Notes: Our Body at Work)..... 2

### Phase Two Studies

**Estimated Time: 3 months**

**G110** Gut & Psychology Syndrome ..... 3  
**G310** Vitamins, Minerals and Herbs ..... 3  
**SG20** Study Group: Nutrition  
(Class Notes:: Nutrition & Health)..... 2  
**SG21** Study Group: Client Case Studies  
(Class Notes: Client Profiles #1) ..... 2

### Phase Three Studies

**Estimated Time: 3 months**

**G420** Men & Herbs ..... 3  
**G430** Women & Herbs ..... 3  
**SG22** Study Group: Client Case Studies  
(Class Notes: Client Profiles #2) ..... 2

### Phase Four Studies

**Estimated Time: 3 months**

**G610** Blood Chemistry ..... 2  
**G600** Kinesiology ..... 3  
**G800** Business Book ..... 2  
**SG84** Pathology Research Project..... 4  
**SG80** Business Resources ..... 0

### DOUBLE-DIPLOMA:

#### Master Herbalist & Natural Health Consultant (MH, NHC)

This is a savings of \$880 if each program was taken individually.

**Tuition for Double-Diploma:** 2,400.00 paid in full or \$2,500.00 if using installments.



## HOLISTIC HEALTH PROFESSIONAL (HHP) PROGRAM

Holistic Health Professionals and Traditional Naturopaths work within a professional office setting and see clients of all ages and in all conditions. This program will prepare you for clients that are well versed in medical language. Natural health professionals often see clients because they have already tried everything else and nothing is working. Case studies will help prepare you for this challenging and rewarding service. This program makes you eligible to apply for Board Certification.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.net](http://www.aadp.net)

**Our Holistic Health Professional program is identical to our Doctor of Traditional Naturopathy program.** The name difference is in response to the ongoing legal/political issues. If you are concerned about laws developing in your state, or live in a state where the wording "Doctor of Traditional Naturopathy" may bring legal issues, please choose the HHP designation/program. In the end it is WHAT WE DO, not what we call ourselves.

Requirements include 17 books, 2 projects, 7 Study Groups and a dissertation. Estimated time to complete this program is 24 months. 89 credit hours/1424 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$3,560 (includes \$150 non-refundable application fee).

**Installments:** \$3,660 (\$150 non-refundable application fee as a down payment and \$146.25 per month for 24 months).

### Phase One Studies

**Estimated Time: 6 months**

<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G120</b> A Look at Cancer .....	3
<b>G210</b> Anatomy & Physiology .....	4
<b>G320</b> Nutrition During Illness .....	3
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2
<b>SG20</b> Study Group: Nutrition (Class Notes: <u>Nutrition &amp; Health</u> ).....	2
<b>SG21</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles#1</u> ) .....	2

### Phase Two Studies

**Estimated Time: 6 months**

<b>G310</b> Vitamins, Minerals and Herbs ....	3
<b>G420</b> Men & Herbs .....	3
<b>G430</b> Women & Herbs .....	3
<b>G460</b> Medical Herbalism .....	4
<b>SG30</b> Herbal Reference Project .....	3
<b>SG22</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles #2</u> ) .....	2
<b>SG25</b> Study Group: Parasites .....	2

**Phase Three Studies**  
**Estimated Time: 6 months**

<b>G100</b> Autoimmune Diseases .....	3
<b>G500</b> Homeopathy .....	3
<b>G510</b> Bach Flowers .....	3
<b>G520</b> Aromatherapy .....	3
<b>G540</b> Reflexology .....	3
<b>SG23</b> Study Group: Autoimmune .....	2

**Phase Four Studies**  
**Estimated Time: 7 months**

<b>G530</b> History of Naturopathy .....	3
<b>G600</b> Kinesiology .....	3
<b>G610</b> Blood Chemistry .....	2
<b>G800</b> Business Book .....	2
<b>SG24</b> Study Group: Lyme Disease .....	2
<b>SG85</b> Pathology Research Project.....	6
<b>SG90</b> Dissertation .....	15
<b>SG80</b> Business Resources .....	0

**DOUBLE-DIPLOMA:**  
**Master Herbalist & Holistic Health Professional (MH, HHP)**

This is a savings of \$1,360.00 if each program was taken separately.

**Tuition for Double-Diploma:** 4,000.00 paid in full or \$4,100.00 if using installments.

## DOCTOR OF TRADITIONAL NATUROPATHY (TND) PROGRAM

Holistic Health Professionals and Traditional Naturopaths work within a professional office setting and see clients of all ages and in all conditions. This program will prepare you for clients that are well versed in medical language. Natural health professionals often see clients because they have already tried everything else and nothing is working. Case studies will help prepare you for this challenging and rewarding service. This program makes you eligible to apply for Board Certification.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.net](http://www.aadp.net)

**Our Holistic Health Professional program is identical to our Doctor of Traditional Naturopathy program.** The name difference is in response to the ongoing legal/political issues. If you are concerned about laws developing in your state, or live in a state where the wording "Doctor of Traditional Naturopathy" may bring legal issues, please choose the HHP designation/program. In the end it is WHAT WE DO, not what we call ourselves.

Requirements include 17 books, 2 projects, 7 Study Groups and a dissertation. Estimated time to complete this program is 24 months. 89 credit hours/1424 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$3,560 (includes \$150 non-refundable application fee).

**Installments:** \$3,660 (\$150 non-refundable application fee as a down payment and \$146.25 per month for 24 months).

### Phase One Studies

**Estimated Time: 6 months**

<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G120</b> A Look at Cancer .....	3
<b>G210</b> Anatomy & Physiology .....	4
<b>G320</b> Nutrition During Illness .....	3
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2
<b>SG20</b> Study Group: Nutrition (Class Notes: <u>Nutrition &amp; Health</u> ).....	2
<b>SG21</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles#1</u> ) .....	2

### Phase Two Studies

**Estimated Time: 6 months**

<b>G310</b> Vitamins, Minerals and Herbs ....	3
<b>G420</b> Men & Herbs .....	3
<b>G430</b> Women & Herbs .....	3
<b>G460</b> Medical Herbalism .....	4
<b>SG30</b> Herbal Reference Project .....	3
<b>SG22</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles #2</u> ) .....	2
<b>SG25</b> Study Group: Parasites .....	2

**Phase Three Studies**  
**Estimated Time: 6 months**

<b>G100</b> Autoimmune Diseases .....	3
<b>G500</b> Homeopathy .....	3
<b>G510</b> Bach Flowers .....	3
<b>G520</b> Aromatherapy .....	3
<b>G540</b> Reflexology .....	3
<b>SG23</b> Study Group: Autoimmune .....	2

**Phase Four Studies**  
**Estimated Time: 7 months**

<b>G530</b> History of Naturopathy .....	3
<b>G600</b> Kinesiology .....	3
<b>G610</b> Blood Chemistry .....	2
<b>G800</b> Business Book .....	2
<b>SG24</b> Study Group: Lyme Disease .....	2
<b>SG85</b> Pathology Research Project.....	6
<b>SG90</b> Dissertation .....	15
<b>SG80</b> Business Resources .....	0

**DOUBLE-DIPLOMA:**  
**Master Herbalist & Doctor of Traditional Naturopathy (MH, TND)**

This is a savings of \$1,360.00 if each program was taken separately.

**Tuition for Double-Diploma:** 4,000.00 paid in full or \$4,100.00 if using installments.

**CERTIFICATE IN HERBALISM**

Receiving a certificate in herbalism signifies that you have received additional training or it may be used as a "stepping stone" towards a diploma program. If you choose the Herbal Consultant or Master Herbalist Program at a later date all of your courses transfer towards the program.

Requirements include 3 books, 2 projects and 1 Study Group. Estimated time to complete this program is 6 months, 16 credit hours/256 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months.

**Tuition Paid in Full:** \$640 (includes \$150 non-refundable application fee).

**Installments:** \$690 (\$150 non-refundable application fee as a down payment and \$135.00 per month for 4 months).

**Required Studies**  
**Estimated Time: 6 months**

<b>G400</b> Herbal Preparations .....	3	<b>SG30</b> Herbal Reference Project .....	3
<b>SG31</b> Herbal Preparation Projects .....	2	<b>SG21</b> Study Group: Client Case Studies (Homework: <u>Client Profiles #1</u> ) .....	2
<b>G430</b> Men & Herbs .....	3		
<b>G440</b> Women & Herbs .....	3		

## DOUBLE-DIPLOMA PROGRAM

### MASTER HERBALIST & NATURAL HEALTH CONSULTANT (MH, NHC)

A powerful combination exists in this double-diploma. A Natural Health Consultant is someone who uses all available information on lifestyle, health background, diet, and health challenges to determine the needs of men, women, and children. Herbs have a primary role in correcting imbalances in most offices so you will be fully prepared to meet the challenges your clients are facing as a Master Herbalist.

Requirements include 13 books, 3 projects, and 6 Study Groups. Estimated time to complete this program is 24 months. 61 credit hours/976 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$2,400.00 (includes \$150 non-refundable application fee).

**Installments:** \$2,500.00 (\$150 non-refundable application fee as a down payment and \$117.50 per month for 20 months).

#### Phase One Studies

**Estimated Time: 6 months**

<b>G110</b> Gut & Psychology Syndrome ....	3
<b>G210</b> Anatomy & Physiology .....	4
<b>G300</b> Disease Prevention.....	2
<b>G310</b> Vitamins, Minerals and Herbs ....	3
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2
<b>SG20</b> Study Group: Nutrition (Class Notes: <u>Nutrition &amp; Health</u> ).....	2

#### Phase Two Studies

**Estimated Time: 6 months**

<b>G400</b> Herbal Preparations .....	3
<b>G430</b> Women & Herbs .....	3
<b>G420</b> Men & Herbs .....	3
<b>SG30</b> Herbal Reference Project .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>SG21 Study Group:</b> Client Case Studies (Class Notes: <u>Client Profiles #1</u> ) .....	2

#### Phase Three Studies

**Estimated Time: 6 months**

<b>G450</b> Chinese Medicine & Herbs .....	4
<b>G440</b> Properties & Formulas .....	4
<b>G460</b> Medical Herbalism .....	4
<b>SG22</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles #2</u> ) .....	2

#### Phase Four Studies

**Estimated Time: 6 months**

<b>G610</b> Blood Chemistry .....	2
<b>G600</b> Kinesiology .....	3
<b>G800</b> Business Book .....	2
<b>SG23</b> Study Group: Autoimmune .....	2
<b>SG25</b> Study Group: Parasites .....	2
<b>SG84</b> Pathology Research Project .....	4
<b>SG80</b> Business Resources.....	0

## DOUBLE-DIPLOMA PROGRAMS

### MASTER HERBALIST & HOLISTIC HEALTH PROFESSIONAL (MH, HHP)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Holistic Health Professionals work within a professional office setting and see clients of all ages and in all conditions. Having a Master Herbalist background will give you the additional knowledge and confidence to handle the many clients that have already tried everything else with no results. This program makes you eligible to apply for Board Certification.

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**Our Holistic Health Professional program is identical to our Doctor of Traditional Naturopathy program.** The name difference is in response to the ongoing legal/political issues. If you are concerned about laws developing in your state, or live in a state where the wording "Doctor of Traditional Naturopathy" may bring legal issues, please choose the HHP designation/program. In the end it is WHAT WE DO, not what we call ourselves.

Requirements include 20 books, 4 projects, 7 Study Groups and a dissertation. Estimated time to complete this program is 26 months. 100 credit hours/1600 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$4,000 (includes \$150 non-refundable application fee).

**Installments:** \$4,100.00 (\$150 non-refundable application fee as a down payment and \$151.92 per month for 26 months).

#### Phase One Studies

##### Estimated Time: 6 months

<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G120</b> A Look at Cancer .....	3
<b>G210</b> Anatomy & Physiology .....	4
<b>G320</b> Nutrition During Illness .....	3
<b>G310</b> Vitamins, Minerals and Herbs ....	3
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2
<b>SG20</b> Study Group: Nutrition (Class Notes: <u>Nutrition &amp; Health</u> ).....	2

#### Phase Two Studies

##### Estimated Time: 8 months

<b>G400</b> Herbal Preparations .....	3
<b>G420</b> Men and Herbs .....	3
<b>G430</b> Women & Herbs .....	3
<b>G440</b> Properties & Formulas .....	4
<b>G450</b> Chinese Medicine & Herbs .....	4
<b>G460</b> Medical Herbalism .....	4
<b>SG30</b> Herbal Reference Project .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>SG21</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles#1</u> ) .....	2

### Phase Three Studies

**Estimated Time: 6 months**

<b>G100</b> Autoimmune Diseases .....	3
<b>G500</b> Homeopathy .....	3
<b>G510</b> Bach Flowers .....	3
<b>G520</b> Aromatherapy .....	3
<b>G540</b> Reflexology .....	3
<b>SG22</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles #2</u> ) .....	2
<b>SG23</b> Study Group: Autoimmune .....	2
<b>SG25</b> Study Group: Parasites .....	2

### Phase Four Studies

**Estimated Time: 6 months with  
dissertation included**

<b>G530</b> History of Naturopathy .....	3
<b>G600</b> Kinesiology .....	3
<b>G610</b> Blood Chemistry .....	2
<b>G800</b> Business Book .....	2
<b>SG24</b> Study Group: Lyme Disease .....	2
<b>SG84</b> Pathology Research Project.....	4
<b>SG90</b> Dissertation .....	15
<b>SG80</b> Business Resources .....	0

## DOUBLE-DIPLOMA PROGRAMS

### MASTER HERBALIST & DOCTOR OF TRADITIONAL NATUROPATHY (MH, TND)

The ultimate combination for anyone seeking to be preeminent in the field of natural health. Traditional Naturopaths work within a professional office setting and see clients of all ages and in all conditions. Having a Master Herbalist background will give you the additional knowledge and confidence to handle the many clients that have already tried everything else with no results.

The American Association of Drugless Practitioners Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp.net](http://www.aadp.net).

**Our Holistic Health Professional program is identical to our Doctor of Traditional Naturopathy program.** The name difference is in response to the ongoing legal/political issues. If you are concerned about laws developing in your state, or live in a state where the wording "Doctor of Traditional Naturopathy" may bring legal issues, please choose the HHP designation/program. In the end it is WHAT WE DO, not what we call ourselves.

Requirements include 20 books, 4 projects, 7 Study Groups and a dissertation. Estimated time to complete this program is 26 months. 100 credit hours/1600 study hours. The estimated time is a guideline. It is possible to finish much earlier if you have the time to devote to your studies. Some students will need to extend the time by several months. A Student Profile and picture is required for your student folder.

**Tuition Paid in Full:** \$4,000 (includes \$150 non-refundable application fee).

**Installments:** \$4,100.00 (\$150 non-refundable application fee as a down payment and \$151.92 per month for 26 months).

#### Phase One Studies

**Estimated Time: 6 months**

<b>G110</b> Gut & Psychology Syndrome .....	3
<b>G120</b> A Look at Cancer .....	3
<b>G210</b> Anatomy & Physiology .....	4
<b>G320</b> Nutrition During Illness .....	3
<b>G310</b> Vitamins, Minerals and Herbs ....	3
<b>SG10</b> Study Group: Functional Anatomy (Class Notes: <u>Our Body at Work</u> ).....	2
<b>SG20</b> Study Group: Nutrition (Class Notes: <u>Nutrition &amp; Health</u> ).....	2

#### Phase Two Studies

**Estimated Time: 8 months**

<b>G400</b> Herbal Preparations .....	3
<b>SG31</b> Herbal Preparation Projects .....	2
<b>G420</b> Men and Herbs .....	3
<b>G430</b> Women & Herbs .....	3
<b>G440</b> Properties & Formulas .....	4
<b>G450</b> Chinese Medicine & Herbs .....	4
<b>G460</b> Medical Herbalism .....	4
<b>SG30</b> Herbal Reference Project .....	3
<b>SG21</b> Study Group: Client Case Studies (Class Notes: <u>Client Profiles#1</u> ) .....	2



**Phase Three Studies**

**Estimated Time: 6 months**

**G100** Autoimmune Diseases ..... 3  
**G500** Homeopathy ..... 3  
**G510** Bach Flowers ..... 3  
**G520** Aromatherapy ..... 3  
**G540** Reflexology ..... 3  
**SG22** Study Group: Client Case Studies  
(Class Notes: Client Profiles #2) ..... 2  
**SG23** Study Group: Autoimmune ..... 2  
**SG25** Study Group: Parasites ..... 2

**Phase Four Studies**

**Estimated Time: 6 months with  
dissertation included**

**G530** History of Naturopathy ..... 3  
**G600** Kinesiology ..... 3  
**G610** Blood Chemistry ..... 2  
**G800** Business Book ..... 2  
**SG24** Study Group: Lyme Disease ..... 2  
**SG84** Pathology Research Project..... 4  
**SG90** Dissertation ..... 15  
**SG80** Business Resources ..... 0

## Prerequisites

We require the minimum of a high school diploma or GED to enroll in any program at Genesis. If a student is from outside the U.S. we will need a description of your educational background. Students are NOT required to have a college degree. Genesis School of Natural Health has a nondiscriminatory policy. We do not discriminate period! We exist to teach and train all those interested in the field of natural health. Legally we would say that we do not discriminate on the basis of gender, race, religion, or national origin.

## Distance Education Requirements

1. You should have basic computer skills - you will need to know how to use email, attach files, access the Internet, and how to utilize word processing.
2. Students are required to have a desktop or laptop computer in their own home - Mac or PC. This computer must have an enabled sound card, speakers and a microphone (most newer models will have these requirements built in).
3. Students need a Broadband Internet connection such as Cable or DSL.
4. A personal email address is required - this must not be shared with a spouse or other family members. If your email contact changes you must notify us immediately - send us an email using your new address with the Subject stating "NEW EMAIL ADDRESS".
5. Students must download the free software programs provided for classes. GoToMeeting and Adobe Reader are free and necessary for all educational programs.

## Testing, Projects, and Study Group Methods

Tests are open book and primarily fill-in-the blank and true/false. The purpose of testing is for emphasizing information and ensuring that each student has read the required materials. Projects are graded as a pass or fail. If a project is not adequate the student will be given additional instructions before resubmitting the project. Study Groups will develop each student's critical thinking skills and expand their client communication skills. Case studies are an excellent tool for learning how to apply herbs, homeopathics, nutrition, and other natural healing methods to specific individuals.

## Application, Registration and Fees

The first step is to submit the online student application form. Registration requires a completed application and acceptance into the program of choice. We will review your application and schedule an appointment to help you with any additional documentation that may be necessary to approve your registration. There is a \$150 non-refundable application fee which is included in the tuition prices. The fee per credit hour is \$40.00.

After your registration is approved you will receive a student package via email with all the information you will need for downloading Study Group materials, tests, and for completing the Student Profile. We require a completed Student Profile and a small photograph for each student's file. The information in the Student Profile and the picture are for office use only - we will not publish or share student information with anyone. **The Student Profile is due before starting Phase One Study Groups.**

All textbooks and CD/DVDs are the responsibility of the student and are available at many online bookstores. Study Group downloads are included in the tuition. An installment plan for all programs is available. Credit cards, personal checks and money orders are accepted for tuition payment and must be in U.S. Dollars. Genesis does not participate in Federal or State financial aid programs.

## Refund Policy

Students who withdraw from their program of study within the first 30 days will receive a full refund on the tuition paid for their program, minus the \$150.00 nonrefundable application fee and the fee for any completed courses. If you have given Genesis School of Natural Health authorization to process your credit card we will continue to do so until the full tuition is paid unless you formally withdraw from your program within the first 60 days. Stopping payments or course work is not considered an official withdrawal from the school. You must contact our office to withdraw from any program or class.

## Transfer of Credits

Transfer of credits/classes from another school is allowed but it will be done on an individual basis. There are no fees for the transfer of classes - we are pleased that you have chosen to continue your education at our school.

## Will my transcripts be accepted at other schools for credit?

It totally depends on the school. Genesis does not have government accreditation (this is true for most natural health online programs including Trinity, New Eden, and many more). Professional accreditation is recognition by professionals which is not the same as a government accredited college or university.

## Accreditations/Memberships

We are accredited by the American Association of Drugless Practitioners. The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp](http://www.aadp).

Accreditation is voluntary and does not carry any influence for those who receive diplomas. Please read the following articles on our website: "What is Accreditation?" and "Boards and Certification"

## Licensure

A few states require a license to work in specific areas of the natural health field. Genesis School of Natural Health does not meet the educational requirement of any state where a license is required. It is the student's responsibility to find out the individual requirements of your state so you are in compliance with their laws. Our online distance learning programs lead to non-traditional diplomas and designations. Genesis School of Natural Health does not have, nor do we plan, to seek accreditation through the U.S. Department of Education.

Genesis School of Natural Health has avoided any known language that may become an issue as the medical profession and drug companies try to limit our access to natural health consultants and natural products.

We do not offer a Doctor of Naturopathy diploma or degree. It is called Doctor of Traditional Naturopathy. You may choose the recognition as Holistic Health Professional for the same program. If you choose the TND program and later find out that this was not a wise decision we will give you a new diploma stating you are a HHP (a fee for a new transcript and new diploma will apply but as of now it would only be \$40).

We say Holistic Health Professional instead of Holistic Health Practitioner to avoid the "practitioner" which may be viewed as a medical designation in the future. The definition of practitioner: "a person actively engaged in an art, discipline, or profession, especially medicine"

Certified could be used to against a person or the organization. "If a customer, patient, or employer is injured by a certified product or professional, it is possible that the certifying organization will be held liable for negligence or negligent misrepresentation." We offer a Certificate in Herbalism, we do not say you are a certified herbalist. We will be adding other certificates in the future.

We do not offer "degrees". The name implies that the credits can transfer to government accredited schools and I find that misleading. We offer professional diplomas to recognize and verify your many hours of study and completion of our program.

### **Time Limit for the Programs**

There is no set time in which the student must complete any individual phase of learning; however, the student must complete the entire program with the following guidelines.

- A two-year time limit applies to the Master Herbalist and Natural Health Consultant programs
- A three-year time limit applies to the Holistic Health Professional and Doctor of Traditional Naturopathy programs.
- A four-year time limit applies to Double-Diploma programs.
- A one-year time limit applies to the certificate programs.

### **Extension or Leave of Absence**

If the student is unable to complete a program within the time limit they may request an Extension (need more time) or a Leave of Absence (emergency or life changing events) by written request (mail or email only). The Extension or Leave of Absence request will be reviewed on an individual basis and the student will be notified of the decision made. All correspondence regarding these conversations or emails will be saved within the Student Profile but will not appear on any public forms or transcripts. All Extensions and Leave of Absence have a time limit of one year.

### **At Risk for Unsatisfactory Progress**

Our Student Administrator will try to contact the student if course work and Study Groups have not been completed within our estimated time limits. This is a courtesy call only. We want to help address any issues with the studies, testing, acquiring books, or motivation and time issues. If we are unable to contact you by phone or email we will use your mailing address with instructions on how to contact our Student Administrator.

### **Grading Scale**

90-100% (A); 80-89% (B); 75-79% (C)

If a student receives a grade below 75% arrangements will be made through the Student Administrator to determine if full retesting is required or if there was an area within the testing that needs clarification and a partial retest is sufficient. We want to see you succeed both in the classroom and professionally in the future.

## Graduation Requirements, Diplomas, and Transcripts

A student will be eligible for graduation when the following conditions are fulfilled:

1. Student has completed all required courses and credit hours
2. Student has received a 75% or better in all classes; and
3. Student has met all financial obligations.

Diplomas are shipped when the above criteria is met in full. The first copy of the diploma and transcript are included in the tuition. Additional diplomas or transcripts are \$25.00 each.

## Most Frequently Asked Questions

1. Is Genesis School of Natural Health Accredited?
2. Will I qualify for Board Certification?
3. Can I freely practice as an Herbalist?
2. What ALL Natural Health Professionals Do and What We Don't Do?
3. What is Traditional Naturopathy?
4. Can I practice Naturopathy anywhere after receiving my diploma from Genesis?
5. Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?
6. Can I legally give individual nutritional counseling?
7. Will my transcripts be accepted at other schools for credit?
8. Can an individual practice in other countries with a Genesis School of Natural Health education?

### **Is Genesis School of Natural Health Accredited?**

Yes, we are accredited by the American Association of Drugless Practitioners. The AADP is recognized by both, traditional and non-traditional holistic schools and colleges world-wide as an independent accrediting board for alternative health educational institutions and programs.

### **Will I qualify for Board Certification?**

The AADP Certification and Accreditation Board provides full board professional accreditation and certification to both institutes of higher education and professional practitioners. Students who have received their diplomas are encouraged to apply at [www.aadp](http://www.aadp). There is a one-time board certification and application fee of \$285 and a yearly fee of \$150.00 to remain a member with access to all benefits after the first year. A "Certificate of Membership" will be issued at that time.

### **Can I freely practice as an Herbalist?**

Absolutely. Presently, there exists no licensure in the United States for Herbalists. They can freely practice, as long as they do not diagnose or treat or violate any laws in your state that pertain to "practicing medicine - presenting yourself as a doctor" or "nutritional counseling - presenting yourself as a dietician or nutritionist". Below is a site that tracks the states that have implemented nutritional laws.

"Currently herbalists are not licensed in any states in the United States. If there is an exclusive scope of practice nutrition licensing law (red or orange on the map) in a state, then it is illegal for herbalists to provide nutrition counseling unless they obtain a nutrition license, or fall under an explicit exemption, which is rare. Practicing herbalists MUST review the scope

of the nutrition law in their state including all exceptions and exemptions to assess whether they are legally able to use nutrition tools in their practice. Seeking legal advice may help to determine whether laws governing nutrition care would be violated by the use of nutrition tools in an herbalist practice." - <http://www.nutritionadvocacy.org/laws-state#78>

### **What ALL Natural Health Professionals Do and What We Don't Do:**

1. We do not diagnose disease. We analyze and evaluate conditions, symptoms, and lifestyle habits. We do not claim to be a doctor or dietician/nutritionist. We are natural health professionals, herbalists, holistic health professionals...
2. We do not treat a specific disease. We focus on healing the entire body naturally. We address or remove the root causes and practice the healing power of nature.
3. We do not prescribe drugs. We depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of whole foods and herbs and practice "do not harm".
4. We maintain the highest standard of professional and personal conduct and abide by all state and local laws.
5. We are willing to consult and seek the talents of other health professionals when needed. We do not practice beyond our ability and we are up to date on all information given to our clients.
6. We take a holistic approach and help the whole person; Spirit, Soul, Body. We teach, guide, and encourage.

### **What is Traditional Naturopathy?**

"Naturopathy is a philosophy which encompasses a view of life, a model for living a full life. The word naturopathy is a Latin-Greek hybrid which can be defined as 'being close to or benefiting from nature.'" — Stewart Mitchell, *Naturopathy: Understanding the Healing Power of Nature*

A Traditional Naturopath does not treat or diagnose "diseases". They do teach and encourage lifestyle changes like diet, exercise, and sleep. Traditional Naturopaths support the body's natural healing processes and use natural approaches such as fasting and detoxification, the use of herbs, aromatherapy, homeopathy, and many other natural health modalities.

### **Can I practice Naturopathy anywhere after receiving my diploma from Genesis School of Natural Health?**

We teach traditional naturopathy which is a natural health art recognized in all 50 states except South Carolina and Tennessee. Since traditional naturopaths do not diagnose or treat they can legally exercise their practice. It is not to be confused with naturopathic medicine that Naturopathic Physicians practice, they are licensed in about 19 states to diagnose and treat. See [www.anma.org](http://www.anma.org) for details on state legislations.

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

## **Can I use the ND title in states where naturopathic Physicians have obtained exclusive licensure?**

You must check with your State. We have chosen to use TND as a designation but there are some hostile laws and people that may even frown at the similarity. Genesis gives the option of choosing TND or HHP If you cannot use the ND or TND.

Other designations allowed in States where you cannot bear the ND status would be: Natural Health Practitioner (NHP), Doctor of Natural Medicine (DNM), Naturopathic Practitioner (NP), Holistic Health Practitioner (HHP), Alternative Medicine Diplomate (AMD)

## **Can I legally give individual nutritional counseling?**

As of writing, 23 states require a state license for nutritional counseling, the others do not. All nutritionists can educate, give general natural health guidance and sell nutritional products. We use the designation of Natural Health Consultant to specifically avoid conflict with dietician groups in the political arena.

Interaction with clients will involve conversations about food and drink choices regardless of whether you are designated as a HHP, TND, NHC, MH, or HC. Know your state laws so your language is correct when helping clients and developing written materials like brochures. It is not what you do, it is what you say and write that can get you in trouble.

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